Hula Hoop

Count: 32 **Wall:** 4 **Level:** Newcomer
Choreographer: Amélie Jammart (BEL) - September 2015
Music: Hula Hoop - Omi

OUT, OUT, IN, IN, SIDE, TOUCH, SIDE, TOUCH.

1	RF Step out
2	LF Step out
3	RF Step in
4	LF Step in
5	RF Step side to R
6	LF Touch next to RF
7	LF Step side to L
8	RF Touch next to LF

VINE, TOUCH, VINE ¼, TOUCH.

9	RF Step side to R
10	LF Cross behind RF
11	RF Step side to R
12	LF Touch next to RF
13	LF Step side to L
14	RF Cross behind LF
15	LF Step ¼ to L
16	RF Touch next to LF

OUT, SHOULDER SHIMMIES, HAND LEFT TO SHOULDER RIGHT, HAND RIGHT TO SHOULDER LEFT, CHEST PRESS X2.

1	RF Step out
2-3-4	Shimmying your shoulders
5-6	Hand left to shoulder right, hand right to shoulder left
7-8	Swing chest forward, swinging shoulders toward the back X2

TOE STRUT FORWARD, TOE STRUT FORWARD, SKATE X4.

1	RF Step forward on left toes
2	RF Step down on left heel
3	LF Step forward on right toes
4	RF Step on right heel
5-6-7-8	Skate X4

Restarts:-
Wall 5 after 16 counts Restart dance
Wall 11 after 4 counts Restart dance

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