Cool Chick (酷雞) (zh)

Count: 64 **Wall:** 4 **Level:** Improver
Choreographer: Robbie McGowan Hickie (UK) - 2009年05月
Music: Please Mama Please - Go Cat Go : (CD: Billy, Vol 1 - Various Artists)

前奏： Start 16 Counts from Main Beat 16拍後起跳

第一段 **Left Lock Step Forward. Scuff. Right Mambo Forward. Hold.**
左前鎖步, 擦踢, 右前曼波, 候

1–4 Step forward on Left. Lock step Right behind Left. Step forward on Left. Scuff Right forward.
左足前踏, 右足於左足後鎖步, 左足前踏, 右足前擦踢

5–8 Rock forward on Right. Rock back on Left. Step back on Right. Hold.
右足前下沉, 左足後下沉, 右足後踏, 候

第二段 **Toe Struts Back (Left & Right). Left Coaster Step. Hold.**
後趾踵(左 & 右), 左海岸步, 候

1–4 Step back on Left toe. Drop Left heel to floor. Step back on Right toe. Drop Right heel to floor.
左足趾後點, 左足踵踏, 右足趾後點, 右足踵踏

5–8 Step back on Left. Step Right beside Left. Step forward on Left. Hold. 左足後踏, 右足併踏, 左足前踏

Option: 選擇版 Counts 1 – 4 above … Left toe strut 1/2 turn Left. Right toe strut 1/2 turn Left.左轉180度左趾踵, 左轉180度右趾踵

第三段 **Charleston Steps with Holds. 查爾斯頓步帶候**

1–2 Sweep Right Out and Around from Back to Front – Kicking Right forward across Left. Hold.右足由後繞至前, 右足於左足前踢, 候

3–4 Step back on Right. Hold.右足後踏, 候

5–8 Touch Left toe back. Hold. Step forward on Left. Hold. (Facing 12 o'clock) 左足趾後點, 候, 左足前踏, 候(面向12點鐘)

第四段 **Right Side Step. Together. Step Forward. Hitch. Left Side Step. Together. 1/4 Turn Left. Hold.**
右側踏, 併, 前踏, 抬, 左側踏, 併, 左1/4, 候

1–4 Step Right to Right side. Close Left beside Right. Step forward on Right. Hitch Left knee across Right.
右足右踏, 左足併踏, 右足前踏, 左膝於右足前交叉抬

5–8 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left. Hold.
左足左踏, 右足併踏, 左轉90度左足前踏, 候

Ending: Music Ends DURING Wall 8 (Facing 9 o'clock) … To End with the Music, dance up to Count 32 … then Pivot 1/2 turn Right to End Facing Front Wall!
結束:第八面牆(面向9點鐘)音樂結束時跳到第32拍, 右轉180度面向前面牆

第五段 **Right Cross Toe Strut. Left Side Toe Strut. Right Sailor Step with Hold.右交叉趾踵, 左側趾踵, 右水手帶候**

1–2 Cross step Right toe over Left. Drop Right heel to floor. (Facing 9 o'clock) 右足趾於左足前交叉點, 右足踵踏(面向9點鐘)

3–4 Step Left toe to Left side. Drop Left heel to floor.
左足趾左點, 左足踵踏

5–8 Cross Right behind Left. Step Left beside Right. Step Right to Right side. Hold.右足於左足後交叉踏, 左足併踏, 右足右踏, 候

第六段 **Left Cross Toe Strut. Right Side Toe Strut. Left Sailor Step with Hold. 左交叉趾踵, 右側趾踵, 左水手帶候**

1–2 Cross step Left toe over Right. Drop Left heel to floor.
左足趾於右足前交叉點, 左足踵踏

3–4 Step Right toe to Right side. Drop Right heel to floor.
右足趾右點, 右足踵踏

5–8 Cross Left behind Right. Step Right beside Left. Step Left to Left side. Hold.左足於右足後交叉踏, 右足併踏, 左足左踏, 候

第七段 Cross. Hold. 1/4 Turn Right. Hold. Right Sailor Step 1/4 Turn Right with Hold. 交叉, 候, 右1/4, 候, 右轉1/4水手, 候

1–4 Cross step Right over Left. Hold. Make 1/4 turn Right stepping back on Left. Hold.右足於左足前交叉踏, 候, 右轉90度左足後踏, 候

5–6 Sweep/Cross Right behind Left making 1/4 turn Right. Step Left beside Right.右轉90度右足繞至左足後, 左足併踏

7–8 Step forward on Right. Hold. (Facing 3 o'clock)
右足前踏, 候(面向3點鐘)

第八段 Left Mambo Forward. Hold. Right Coaster Step. Hold.
左前曼波, 候, 右海岸步, 候

1–4 Rock forward on Left. Rock back on Right. Step back on Left. Hold.
左足前下沉, 右足後下沉, 左足後踏, 候

5–8 Step back on Right. Step Left beside Right. Step forward on Right. Hold. (Facing 3 o'clock)
右足後踏, 左足併踏, 右足前踏, 候(面向3點鐘)