Keeping My Cool

Count: 32

Level: Easy Intermediate Cha Cha

Choreographer: Malene Jakobsen (DK) - October 2015

Music: Keep My Cool - Madcon : (Single - iTunes)

| Intro: 16 counts from the beginning 8 sec. seconds into track, dance begins with weight on L | |
|--|---|
| [1-9] Walk fwd., L mambo, walk back, sailor 1/4 R | |
| 1-2-3 | (1-2-3) Walk fwd. R, L, R 12.00 |
| 4&5 | (4) Rock fwd. on L, (&) recover onto R, (5) step slightly back on L 12.00 |
| 6-7 | (6) Walk back on R, (7) walk back on L starting to sweep R into a sailor 12.00 |
| 8&1 | (8) Cross R behind L making 1/4 R, (&) step slightly back on L, (1) step fwd. on R 3.00 |
| [10-17] Walk fwd., L mambo, walk back, sailor 1/4 R | |
| 2-3 | (2-3) Walk fwd. L, R 3.00 |
| 4&5 | (4) Rock fwd. on L, (&) recover onto R, (5) step slightly back on L 3.00 |
| 6-7 | (6) Walk back on R, (7) walk back on L starting to sweep R into a sailor 3.00 |
| 8&1 | (8) Cross R behind L making 1/4 R, (&) step slightly back on L, (1) step fwd. on R 6.00 |
| [18-25] Fwd. rock, coaster, step, touch, back lock | |
| 2-3 | (2) Rock fwd. on L, (3) recover onto R 6.00 |
| 4&5 | (4) Step back on L, (&) step R next to L, (5) step fwd. on L 6.00 |
| 6-7 | (6) Step fwd. on R, (7) touch L behind R 6.00 |
| 8&1 | (8) Step back on L, (&) lock R across L, (1) step back on L 6.00 |
| [26-32] 1/4, touch, chasse, back rock, side together | |
| 2-3 | (2) Turn 1/4 R stepping R to R, (3) touch L next to R 9.00 |
| 4&5 | (4) Step L to L, (&) step R next to L, (5) step L to L 9.00 |
| 6-7 | (6) Rock back on R, (7) recover onto L 9.00 |
| 8& | (8) Step R to R, (&) step L next to R 9.00 |

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Wall: 4