Please Me

Count: 64 **Wall:** 2 **Level:** Intermediate
Choreographer: Kate Sala (UK) & Dee Musk (UK) - November 2015
Music: Please - Rod Stewart : (Album: Another Country)

Intro: Start 32 counts after first heavy beat - about 42 seconds in.

S1: STEP FORWARD, FORWARD COASTER STEP, DRAG, COASTER STEP, STEP FORWARD WITH HIP BUMPS

1 2 & 3	Step forward on R. Step forward on L. Step R next to L. Long Step back on L.
4	Drag R towards L.
5 & 6	Step back on R. Step L next to R. Step forward on R.
7 & 8	Step forward on ball of L bumping hips forward, bump hips back, Bump hips forward taking weight on

S2: STEP FORWARD, PIVOT 1/4 TURN LEFT, KICK, OUT, OUT, SAILOR STEP 1/4 TURN RIGHT,STEP, SWEEP 1/4 TURN LEFT

1 2	Step forward on R. Pivot 1/4 turn left. (9:00)
3 & 4	Kick R across L. Step R out to right side. Step L out to left side.
5 & 6	Cross step R behind L. Turn 1/4 right stepping L to left side. Step forward on R. (12:00)
7 8	Step forward on L. Sweep R round from back to front making 1/4 turn left. (9:00)

S3: CROSS SHUFFLE, SIDE ROCK LEFT, RECOVER, BEHIND, SIDE, CROSS, HOLD, BALL STEP FORWARD

1 & 2	Cross step R over L. Step L to left side. Cross right over L.
3 4	Side rock out on L to left side. Recover on to R.
5 & 6	Cross step L behind R. Step R to right side. Cross step L over R.
7 & 8	Hold, Step on ball of R to right side. Step forward on L

S4: ROCK FORWARD, RECOVER, TRIPLE FULL TURN RIGHT, FORWARD, TAP, BACK WITH KICK, COASTER STEP

1 2	Rock forward on R. Recover on to L.
3 & 4	Triple step full turn right on R, L, R.
5& 6	Step forward on L. Tap R behind L. Step back on R Low Kicking L forward.
7 & 8	Step back on L. Step R next to L. Step forward on L.

(Add the BRIDGE here during wall 2)

S5: WALK X 2, MAMBO 1/4 TURN RIGHT, CROSS, TURN 1/4 LEFT, BACK, TURN 1/4 RIGHT

1 2	Walk forward on R, L.
3 & 4	Rock forward on R. Recover on to L. Turn 1/4 right stepping R to right side. (facing 12 o'clock)
5 6	Cross L over R. Turn 1/4 left stepping back on R.
7 & 8	Step back on L, Turn 1/4 right stepping R to right side. Cross L over R. (facing 12 o'clock)

S6: SIDE ROCK, RECOVER, BEHIND, SIDE CROSS, HINGE 1/2 RIGHT, SHUFFLE FORWARD

1 2	Rock out on R to right side. Recover on to L.
3 & 4	Cross step R behind L. Step L to left side. Cross step R over L.
5 6	Turn 1/4 right stepping back on L. turn 1/4 right stepping R to right side.
7 & 8	Step forward on L. Step R next to L. Step forward on L. (6:00) (Restart from here during wall 2)

S7: STEP FORWARD WITH HIP BUMPS, KICK BALL STEP, ROCK, RECOVER, TOE SWITCHES R, L

1 & 2	Step forward on ball of R bumping hips forward, bump hips back, Bump hips forward taking weight on R
3 & 4	Kick L forward. Step down on ball of L. Step forward on R.
5 6	Rock forward on L. Recover on to R.
&7&8&	Bring L next to R and touch R toe forward, Step R next to L, Touch L toe forward, Step L next to R

S8: ROCK, RECOVER, TURN 1/2 & 1/4 X 2 RIGHT, HOLD, BALL STEP FORWARD ON R, L

1 2	Rock forward on R, Recover,
3 4	Turn 1/2 right stepping forward R, Turn 1/4 right stepping L to left side.
5 6	Turn 1/4 right stepping R out to right side, Hold,
& 7 8	Step ball of L next to R. Walk forward on R, L. (6:00)

Start Again!

*Bridge: Dance the following 8 counts after 32 counts during wall 2, facing 3 o'clock.

1 2 3 4	Long step right on R. Drag L in towards R. Cross rock L behind R. Recover on R.
5 6 7 8	Long step left on L. Drag R in towards L. Cross rock on R behind L. Recover on L

*Restart: After the bridge dance a further 16 counts of the dance and then start the dance from the beginning, facing the front wall.

Ending: Dance counts 1 - 4 of section 5 facing front wall and drag L in towards R. Taa Daa!
