Lay It All On Me

Count: 64 **Wall:** 2 **Level:** Cha Cha
Choreographer: Neville Fitzgerald (UK) & Julie Harris (UK) - October 2015
Music: Lay It All on Me (feat. Ed Sheeran) - Rudimental : (iTunes)

S1: Back, Touch, Back, Lock Step Back, Back, Together, 1/4 Cross Shuffle.

1-3	Step back on Left, touch Right next to Left, step back on Right.
4&5	Step back on Left, lock Right over Left, step back on Left.
6-7	Step back on Right, step Left next to Right.
8&1	Make 1/4 turn to Right cross stepping Right over Left, step Left to Left side, cross step Right over Left. (3.00)

S2: 1/4 Bump, 1/2 Shuffle, Rock, Recover, Mambo Step.

2-3	Touch Left Toe to Left side bumping Left hip up to left side, Make 1/4 turn to Right stepping down on Left. (6.00)
4&5	Make 1/4 turn to Right stepping Right to Right side, step Left next to Right, 1/4 turn Right stepping Right forward. (12.00)
6-7	Rock forward on Left, recover on Right.
8&1	Rock back on Left, recover on Right, step forward on Left.

S3: Out, Out, Behind Side Cross, Out, Out, 1/2 Sailor.

2-3	Step Right out to Right side, step Left out to Left side.
4&5	Cross step Right behind Left, step Left to Left side, cross step Right over Left.
6-7	Step Left out to Left side, step Right out to Right side.
8&1	Make 1/4 turn to Left cross stepping Left behind Right, step Right next to Left, 1/4 Left stepping forward on Left.(6.00)

S4: Step, 1/2, 1/2 Shuffle, Rock, Recover, Lock Step Back.

2-3	Step forward on Right, make 1/2 turn to Right stepping back on Left. (12.00)
4&5	Make 1/4 turn to Right stepping Right to Right side, step Left next to Right, make 1/4 turn to Right stepping forward on Right. (6.00)
6-7	Rock forward on Left, recover on Right.
8&1	Step back on Left, lock Right across Left, step back Left.

S5: 1/4 Out, Out, Back Rock Side, Out, Out, Back Rock Side.

2-3	Make 1/4 turn to Right stepping Right out to Right side. Step Left out to Left side. (9.00)
4&5	Cross rock Right behind Left, recover on Left, step Right to Right side.
6-7	Step Left out to Left side, step Right out to Right side.
8&1	Cross rock Left behind Right, recover on Right, step Left to Left side.

S6: Back Rock, Recover, 1/2 Shuffle, Toe, 1/4, Cross Shuffle

2-3	Rock back on Right, recover on Left.
4&5	Make 1/4 turn to Left stepping Right to Right side , step Left next to Right, make 1/4 turn to Left stepping back on Right. (3.00)
6-7	Touch Left toe back, pivot 1/4 turn to Left taking weight onto Left. (12.00)
8&1	Cross step Right over Left, step Left to Left side, cross step Right over Left.

S7: Side Rock, Recover, Behind, Side, 1/8 Step, Walk, Walk, Lock Step Back.

2-3	Rock Left to Left side, recover on Right.
4&5	Cross step Left behind Right, step Right to Right, make 1/8 turn to Right stepping forward Left. (1.30)
6-7	Walk forward R-L.
8&1	Step back on Right, lock step Left over Right, step back on Right.

S8: Back, Sweep, Mambo step, Rock, Recover, Lock Step Back.

2-3	Step back on Left, make 3/8 turn to Right as you sweep Right from front to back . (6:00)
4&5	Rock back on Right, recover on Left, step forward on Right.
6-7	Rock forward on Left, recover on Right.
8&	Step back on Left, lock Right over Left (1) Begin again.

Tag at end of Wall 5 facing 6 o'clock.
Back, Rock Recover, Shuffle Step, Rock Recover, Lock Step Back.

1-3	Step back Left, rock back on Right, recover on Left.
4&5	Step forward on Right, step Left next to Right, step forward on Right.
6-7	Rock forward on Left, recover on Right.
8&	Step back on Left, lock Right over Left. (1) Begin again :)

Last Update - 4th Dec' 2015
