# Shades On Inside

**Count:** 32 **Wall:** 4 **Level:** Intermediate

**Choreographer:** Derek Steele (USA) - January 2016

**Music:** High Class - Eric Paslay

## PRESS, RECOVER, BEHIND, SIDE, FRONT, TOUCH OUT, IN, OUT, ¾ TURNING SAILOR□

| | |
|---|---|
| 1-2 | Press right foot to right side recover weight on left |
| 3&4 | Step right foot behind left foot, step left foot to left side, step right foot in front of left |
| 5&6 | Touch left toe to left side, touch left toe next to right foot, tough left foot to left side |
| 7&8 | Turning left make a ¾ sailor step left, right, left |

## WALK, WALK, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, COASTER STEP

| | |
|---|---|
| 1-2 | Step forward on right foot, step forward on left foot |
| 3&4 | Step forward on right foot, step left foot next to right, step forward on right foot |
| 5-6 | Rock forward on left foot, recover weight back on right foot |
| 7&8 | Step back on left foot, step right foot next to left, step left foot forward |

**\*RESTART ON WALL 2**

## 3/4 TURN SKATING BOX, FORWARD BODY ROLL, SYNCOPATED DWIGHT STEPS

| | |
|---|---|
| 1-2 | Step right foot to right side, make ¼ turn left stepping left foot to left side |
| 3-4 | Make ¼ turn left stepping right foot to right side, ¼ turn left stepping left foot forward |
| 5-6 | Slow body roll over two counts leaving weight forward on left |
| 7 | With weight on left toe, twist left heel right while touching right toe to right side |
| & | With weight on left heel, shift left toe to right while lifting right knee in front of left leg |
| 8 | With weight on left toe, shift left heel right while touching right toe to right side |
| & | With weight on left heel, shift left toe to right while lifting right knee in front of left leg |

## WIZARD STEP, PIVOT ½, PIVOT ¼, FULL TURN, STEP SIDE

| | |
|---|---|
| 1-2& | Step right foot forward, step left foot behind right, step right foot forward |
| 3-4 | Step left foot forward, pivot ½ turn right |
| 5-6 | Step left foot forward, pivot ¼ turn right |
| 7-8 | On ball of right foot make full turn right, step left foot to left side |

Start Dance Over Again

**\*RESTART – Wall 2**
Do first 16 counts of the dance and restart facing 6:00 wall