Adventure of A Lifetime

Count: 32 **Wall:** 4 **Level:** Beginner - Non Country
Choreographer: Fabien REGOLI (FR) - January 2016
Music: Adventure of a Lifetime - Coldplay

SECTION 1 : Rock Step fwd right, Triple Step back, Rock Step back left, Triple Step fwd

1-2	Step forward to rest , back support left
3 & 4	Shuffle back (R/L/R)
5-6	bear left back , right back support
7 & 8	Shuffle forward (L/R/L)

SECTION 2 : Step fwd right,1/4 Turn, Behind side cross, Rock side left, Behind side cross

1-2	Step forward , 1/4 Tour left
3 & 4	Cross right last left , left uncross left, cross right over left
5-6	left left side to rest , recover right support
7 & 8	Cross left behind right, uncross right to the right, cross left over right

SECTION 3 : Walk fwd right/left, Triple Step fwd, Rock Step fwd, Triple Step back

1-2	Walk Forward right / left
3 & 4	Shuffle forward (R/L/R)
5-6	Step forward to rest , recover right support
7 & 8	Shuffle back (L/R/L)

SECTION 4 : Walk back right / left, Coaster Step, Mambo side left cross, kick Ball change

1-2	Walk back right / left
3 & 4	Step right back , left beside right, step in front
5 & 6	Left on the left side to rest , recover onto right , cross left over right
7 & 8	Kick forward right, recover Baule right , left take support

KEEP SMILING AGAIN AND DANCE

THE WANTED COUNTRY DANCE
81 Bd Anatole of FORGE
Park the Margeray imm SEREN
13014 Marseille (FR)
Mail: thewantedcountrydance@sfr.fr