

# Digital Age

**Count:** 68      **Wall:** 1      **Level:** Phrased Easy Intermediate

**Choreographer:** Daniel Trepatt (NL) & Jose Miguel Belloque Vane (NL) & Roy Verdonk (NL) F

**Music:** "Digital Age" by Phreefall ft. Flemming



**Intro: 2 counts (app. 1 sec into track, so it starts straight away)**

**Sequences: A - B - B - A\* - A - B - B - A\*\* - B - B - A**

**Restarts: -**

**A\* = 2nd time part A after 8 counts & Restart with part A**

**A\*\* = 3rd time A dance the first 32 counts & Restart to part B**

## **Footwork Part A – 52 counts**

**A[1 – 9] ¼ turn R, Step ½ turn R, 1/8 turn R, Step Lock Step, Rock, 1/8 turn R, Recover with Sweep, Sailorstep**

- 1 – 3                      ¼ turn R stepping R forward (1), Step L forward (2), ½ turn R stepping R forward (3) 9:00
- 4&5                      1/8 turn R Stepping L forward (4), Lock R behind L (&), Step L forward (5) 10:30
- 6 – 7                      Rock R forward (6), 1/8 turn R & Recover on L & Sweep R from front to back (7) 12:00
- 8&1                      Cross R behind L (8), Step L slightly to L side (&), Step R to R side (1) 12:00

**A[10 – 17] Hold, ball Step, Hold, Ball Step, Cross Rockstep, Cha Cha ¼ turn L**

- 2 – 5                      Hold (2), Step on ball of L next to R (&), Step R to R side (3), Hold (4), Step on ball of L next to R (&), Step R to R side (5) 12:00
- 6 – 7                      Cross rock L over R (6), Recover on R (7) 12:00
- 8&1                      Step L to L side (8), Step R next to L (&), ¼ turn L stepping L forward (1) 9:00

**A[17 – 25] Step fwd, ¼ turn L, Step fwd, Touch Side, Step fwd, Touch Side, Step Lock Step (starting a sweep with ¼ turn R)**

- 2 – 3                      Step R forward (2), ¼ turn L stepping L to L side (3), 6:00
- 4 – 5                      Step R forward (4), Touch L to L side (5) 6:00
- 6 – 7                      Step L forward (6), Touch R to R side (7), 6:00
- 8&1                      Step R forward (8), Lock L behind R (&), Step R forward & start turning a ¼ turn R sweeping L from back to front (8) 6:00

**A[26 – 32] (Finish ¼ turn R sweep), Cross, Hold, Ball Rockstep, Shuffle ¾ turn L**

- 2 – 4                      Finish ¼ turn R sweep (from last count) (2), Cross L over R (3), Hold (4) 9:00
- &5 – 6                      Step R slightly to R side on the ball of foot (&), Rock L over R (5), Recover on R (6) 9:00
- 7&8                      ¼ turn L stepping L to L side (7), ¼ turn L stepping R next to L (&), ¼ turn L stepping L forward (8) 12:00

**A[33 – 40] Side, Together, Forward, Mambo fwd, Step back, Rockstep**

- 1 – 3                      Step R to R side (1), Step L next R (2) Step R forward (3) 12:00
- 4&5                      Step L forward (4), Recover on R (&), Step L back (5) 12:00
- 6 – 8                      Walk back on R (6), Rock back on L (7) Recover on R (8) 12:00

**A[41 – 48] Step, Lock Step, Scuff, Jazzbox, Cross**

- 1 – 4                      Step L forward (1), Lock R behind L (2), Step L forward (3), Scuff R forward (4) 12:00
- 5 – 8                      Cross R over L (5), Step L back (6), Step R to R side (7), Cross L over R (8) 12:00

**A[49 – 52] Sway R, Sway L**

1 – 4 Step R to R side and sway body to R side (1 - 2), Recover weight on L & sway body to L side (3 - 4) 12:00

**Footwork Part B – 16 counts**

**B[1 – 8] Basic R, Syncopated full turn R, Cross with Sweep, Cross, ¼ turn R, ¼ turn R Side Lunge, ½ turn L**

1 – 2& Step R to R side (1), Step L next to R (2), Cross R over L (&) 12:00  
3&4& ¼ turn R stepping L back (3), ½ turn R stepping R forward (&), ¼ turn R rocking L to L side (4), Recover on R (&) 12:00  
5 – 6& Cross L over R & sweep R from back to front (5), Cross R over L (6), ¼ turn R stepping L back (&) 3:00  
7 – 8& ¼ turn R stepping R to R side (7), Recover on L (8), ½ turn L stepping R next to L (8) 12:00

**B[9 – 16] Side Lunge, weight changes (R-L-R) with arm movements, Recover with sweep, Jazzbox, Weave**

1 – 4 Step L to L side (1), Transfer weight to R (2), Transfer weight to L (3), Transfer weight to R (4)

**Arm Movements: stick both hand next to body (1), Cross arm over each other R over L to R side (2), Put wrist together and turn to L side, the arms are now switched L is over R (3), Pull R elbow back (&), Pull R elbow again back but now further (4) (for a better explanation watch the video) 12:00**

5 – 6& Step L to L side & sweep R from back to front (Throw R hand forward) (5), Cross R over L (6), Step L back (&) 12:00  
7&8& Step R to R side (7), Cross L over R (&), Step R to R side (8), Cross L behind R (&) 12:00

**Begin again!**