Better in the Morning

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Desiree Wallace Swanepoel (SA) & Carroll Wallace - March 2016
Music: Better in the Morning - Blackbyrd : (Album: Home)

Music Link: http://www.takealot.com/music/all?qsearch=blackbyrd&_sb=1&_dt=5&_r=1
Music available from : http://www.takealot.com/blackbyrd-home-cd/PLID32852380

#16 Count intro

[1 – 8] Side Behind, Chasse, Cross Rock, Chasse ¼ turn left

1 - 2	Step RF to Right. Step LF behind RF.
3&4	Step RF to right. Close LF next to right. Step RF to right.
5 - 6	Rock LF over RF. Recover on RF.
7&8	Step LF to left. Close RF next to left. Make a ¼ turn left stepping forward on LF. (Facing 9 o'clock)

[9 – 16] Forward Rock, Coaster Step, Forward Rock, Shuffle ½ turn left

1 – 2	Rock forward on RF. Recover weight onto LF.
3&4	Step back on RF. Step LF next to RF. Step forward on RF. (Or Triple full turn)
5 - 6	Rock forward on LF. Recover weight onto RF.
7&8	Turn ¼ left stepping LF to left side. Close RF next to LF. Turn ¼ left stepping LF forward. (Facing 3 o'clock)

[17 – 24] Right Lock Step, Left Lock Step, Left Jazz Box

1&2	Step forward on RF, lock LF behind RF, step forward on RF.
3&4	Step forward on LF, lock RF behind LF, step forward on LF..
5 - 6	Step RF forward. Cross Lt over Rt..
7 - 8	Step RF back. Step LF next to RF. (Facing 3 o'clock)

[25 - 32] Forward Rock, Shuffle½ Turn, Shuffle½ Turn, Back Rock

1 - 2	Rock forward on RF. Recover on LF.
3&4	Turn ¼ right stepping RF to right side. Close LF next to RF. Turn ¼ right stepping RF forward.
5&6	Turn ¼ right stepping LF to left side. Close RF next to LF. Turn ¼ right stepping LF back.
7 - 8	Rock RF Back. Recover forward on LF. (Facing 3 o'clock)

Start Again

TAG 1: End of 4th wall facing 12:00
[1 - 8] Side strut, Cross strut. Side Rock,Cross Shuffle

1 - 2	Touch right toe to right side and drop right heel.
3 - 4	Touch left toe across right and drop left heel.
5 - 6	Rock RF to right side. Recover back on LF.
7&8	Cross step RF over LF, step LF to left side, cross RF over LF

[9 - 12] Side Rock, Behind Side Cross

1 - 2	Rock LF to right side. Recover back on RF.
3 & 4	Cross LF behind RF, step RF to right side, cross LF over RF

TAG 2: End of 9th wall facing 3:00
[1 - 4] Side Rock, Back Rock.

1 - 2	Rock RF to right side. Recover back on LF.

3 - 4 Rock RF behind left. Recover back on LF.

Ending: 12th wall facing 9:00 dance 1st 8 counts then add Step Pivot, Step Hold
[1 - 4] Step Pivot. Step Hold.

1 - 2 Step RF forward. Pivot ½ left on ball of left foot.
3 - 4 Step RF forward. Hold

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