Sissy That Walk

Count: 96 **Wall:** 2 **Level:** Phrased Advanced
Choreographer: Ami Carter (UK) - April 2016
Music: Sissy That Walk - RuPaul : (Album: Born Naked)

Sequence: A B A C A B A C A Tag B A B C – Pose!
Intro: 16 counts from start of track

Part A - 32 counts
A[1 – 8]☐STEP ½ PIVOT, FULL TURN, ¼ SLIDE, HOLD, BALL CROSS, SIDE

1 2	Step right foot forward, make ½ turn left shifting weight to left foot
3 4	Make ½ turn left stepping right foot back, make ½ turn left stepping left forward
5 6	Make ¼ turn left taking long step with right foot to right side, hold
&7 8	Step left foot next to right, cross right foot over left, step left foot to left side (3.00)

A[9 – 16]☐BEHIND/HEAD DROP, UNWIND, POINT ACROSS, POINT SIDE, 2 x SAMBA STEP

1 2	Touch right toe behind left foot whilst dropping head to look down, unwind ½ turn onto right foot looking up
3 4	Point left toe across right foot, point left toe to left side
5&6	Cross left foot over right, step ball of right foot to right side, recover onto left foot in place
7&8	Cross right foot over left, step ball of left foot to left side, recover onto right foot in place (9.00)

A[17 – 24]☐¼ TURNING JAZZ BOX CROSS, SIDE TOE STRUT/BUMP, CROSS TOE STRUT/BUMP

1 – 4	Cross left foot over right, make ¼ turn left stepping right foot back, step left foot to left side, cross right foot over left
5 6	Touch left toe to left side bumping left hip, drop left heel taking weight
7 8	Touch right toe across left bumping right hip, drop right heel taking weight (6.00)

A[25 – 32]☐SIDE ROCK, ¼ TURN, FULL TURN, ¼ SIDE, HOLD, BALL-SIDE, TOUCH

1 – 4	Rock left foot to left side, recover onto right foot making ¼ turn right, make ½ turn right stepping left foot back, make ½ turn right stepping right foot forward
5 6	Make ¼ turn right stepping left foot to left side, hold
&7 8	Step right foot next to left, step left foot to left side, touch right toe next to left (12.00)

Part B - 32 counts
B[1 – 8]☐R POINT/BUMP, ¼ TURN, TURNING HIP BUMPS, STEP ¼ PIVOT

1 2	Point right toe to right side bumping right hip, make ¼ turn stepping onto right foot (3.00)
3 4	Make ¼ turn right pointing left toe to side bumping left hip, make ¼ turn right stepping left foot back (9.00)
5 6	Make ¼ turn right pointing right toe to side bumping right hip, make ¼ turn stepping onto right foot (3.00)
7 8	Step left foot forward, make ¼ turn right shifting weight to right foot (6.00)

B[9 – 16]☐CROSS ROCK/FLICK, RECOVER/SWEEP, SAILOR STEP, CROSS, HITCH, CROSS, ¼ TURN BACK

1 2	Cross left foot over right bending left knee whilst flicking right foot behind left calf, recover back onto right foot whilst sweeping left foot from front to back
3&4	Step left foot behind right, step right foot to right side, step left foot to left side
5 6	Cross right foot over left, hitch left knee around in front of right leg
7 8	Cross left foot over right, make ¼ turn left stepping right foot back (3.00)

B[17 – 25]☐¼ SIDE, POINT/PREP, 1 ¼ ROLLING VINE, ¼ SWEEP, WEAVE

1 2	Make ¼ turn left stepping left foot to left side, point right toe to right side and prep upper body left (12.00)
3 4 5	Make ¼ turn right stepping right forward, make ½ turn right stepping left foot back, make ½ turn right stepping right foot forward (3.00)
6	Make ¼ turn right sweeping left foot around (6.00)
7 8 1	Cross left foot over right, step right to right side, cross left foot behind right

B[26 – 32]☐SWEEP, BEHIND, SIDE, ROCKING CHAIR

2 3 4	Sweep right foot around from front to back, step right foot behind left, step left foot to left side
5 – 8	Rock right foot forward, recover back on left foot, rock right foot back, recover forward on left foot (6.00)

Part C – SISSY THAT WALK!! – 32 counts

C[1 – 8]☐4 x 'RUNWAY' WALKS, 2 x ¼ PIVOT TURNS/HIP ROLLS

1 – 4	Walk forward (as if modelling on a catwalk) right, left, right, left
5 6	Step right foot forward pushing hips back, make ¼ turn left shifting weight to left foot rolling hips anticlockwise
7 8	Repeat counts 5, 6 (12.00)

C[9 – 16]☐4 x 'RUNWAY' WALKS, 4 x PADDLE TURNS/SHIMMY

1 – 4	Walk forward (as if modelling on a catwalk) right, left, right, left
5 – 8	Shimmy shoulders whilst making ½ turn left on ball of left foot pushing ball of right foot to right side 4 times (6.00)

C[17 – 24]☐CROSS, POINT/LOOK, CROSS, POINT/LOOK, HITCH, SIT DOWN, HIP BUMP x2

1 2	Cross right foot over left, point left toe to left side whilst looking to left
3 4	Cross left foot over right, point right toe to right side whilst looking to right
5 6	Hitch right knee, step right foot down to right side bending both knees to 'sit' into right hip
&7&8	Bump left hip up, down, up, down (6.00)

C[25 – 32]☐ TURNING WALK, L SHUFFLE, ROCKING CHAIR

1 2	Make ¼ turn left stepping left foot forward, make ¼ turn left stepping right foot forward
3&4	Step left foot forward, step ball of right foot next to left, step left foot forward (12.00)
5 – 8	Rock right foot forward, recover back on left foot, rock right foot back, recover forward on left foot (12.00)

TAG – After 5th repetition of Part A

[1 – 4]☐R POINT, TOGETHER, L POINT TOGETHER

1 2	Point right toe to right side, step right foot next to left
3 4	Point left toe to left side, step left foot next to right

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