No More Messing



Count: 32 Wall: 4 Level: Beginner / Improver

Choreographer: #madebymelissa (UK) - May 2016

Music: I'm Your Man - Phillip Parsons : (EP - iTunes and amazon)



(32 Counts start on vocals + 2 restarts)

A: Right Kick	Kick, Rock B	ack Recover	r, Right ${}^{\varsigma}$	Shuffle, Ro	ock left recov	er, behind a	and cross

1&2& Kick Right foot forward twice, rock back onto right foot and recover onto left
3&4 Step Forward onto Right, Step left next to right, step forward onto right
5&6 Step left to side and rock on it then recover weight onto right foot

7&8 Step left behind right, step right to the side, step left over right, weight on left

B: 2 x Left 1/4 turns, run right left right, Left scuff step hip bump left 2 right 2 left

9&10& Step right foot slightly forward and turn 1/4 turn to left, repeat

11&12 Run forward three short steps right left right

13&14 Scuff left heel against right and step left forward (weight remains on right foot) and hip bump

to left (diagnonally)

15&16& Bump Hips twice to the right and twice to the left (diagonally)

C: Left Coaster ¼ turm. Right side together Right chassis shuffle with ¼ turn right Left step forward ½ turn left step onto left

step onto lett	
17&18	Step left behind right make ¼ turn over left shoulder step onto right then left

19-20 Step right foot to side step left alongside right

21&22 Step right to side, step left foot alongside right and making ¼ turn right over right shoulder stp

right foot forward

step left foot forward turn ½ turn over right shoulder stepping onto right foot, step left next but

slightly apart from right

D: Stomp right, Scuff left, hitch Step left, Stomp right fan out and in, rock left recover scuff, left coaster step

25&26& Stomp Right foot, scuff left next to right hitch left knee then stomp onto left

27&28 Keeping weight on left Stomp right foot and fan toes to right and back and transfer weight to

right foot

29&30 Rock left to side recover onto right and scuff left heel

31&32 Step back on left foot ,step right in place and step left in place

Restarts – Walls 1+2 complete in full, Wall 3 dance to beat 10 RESTART then walls 4&5 complete in full, wall 6 dance to beat 28 RESTART, then wall 7 continue to end

Contact: madebymelissa@rocketmail.com