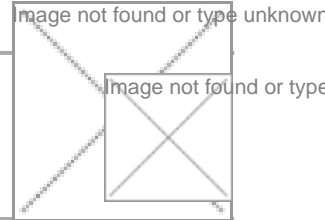


If I Were Sorry

Count: 32 **Wall:** 2 **Level:** Improver / Intermediate

Choreographer: Anna Oldberg (Swe), May 2016

Music: If I Were Sorry - Frans (on Spotify)



Sequence: 32, 32, Tag 1, 32, Tag 2, 32, 16, Tag 1, 32, 32, Tag 1, 32, 32, Tag 2/ending

Intro: 16 counts (the beat before Frans starts singing)

S1) [1 – 8]* Back, Back, Anchor step, ½, Step, Anchor step

1, 2, 3&4 Rf step back (1), Lf step back (2), Rf rock back (3), recover on Lf (&), Rf step back (4) 12:00
5, 6, 7&8 Turn ½ left stepping Lf forward (5), step Rf forward (6), Lf rock back (7), recover on Rf (&), Lf step back and start sweeping Rf from front to back (8) 6:00

S2) [1 – 8&] Behind, ¼ turn, Mambo ½ turn, ¾ Spiral, Side Rock, Cross Rock

1, 2 Rf cross behind Lf (1), turn ¼ left stepping Lf forward (2) 3:00
3&4 Rf rock forward (3), recover on Lf (&), turn ½ right stepping forward on Rf (4) 9:00
5, 6 Cross Lf over Rf (5), ¾ spiral right weight on Lf (6) 6:00
7&8& Rf side rock (7), recover on Lf (&), Rf cross rock (8), recover on Lf (&)

S3) [1 – 8] ¼ turn, Step, Shuffle ½, ¼, ¼, Chassé ¼**

1,2 Turn ¼ right stepping Rf forward (1), Step Lf forward (2) 9:00
3&4 Turn ½ right stepping Rf forward (3), step Lf next to Rf (&), step Rf forward (4) 3:00
5, 6 Turn ¼ right stepping Lf back (5), turn ¼ right stepping Rf to right side (6) 9:00
7&8 Step Lf to left side (7), step Rf next to Lf (&), turn ¼ left stepping Lf forward (8) 6:00

S4) [1 – 8] Scissor step X 2, Syncopated lockstep back, Touch

1&2, 3&4 Step Rf to right side (1), step Lf next to Rf (&), Cross Rf over Lf (2), step Lf to left side (3), step Rf next to Lf (&), cross Lf over Rf (4)
5&6&7&8 Step Rf diagonally back (5), Cross Lf over Rf (&), step Rf diagonally back (6), step Lf diagonally back (&), cross Rf over Lf (7), step Lf diagonally back (&), touch Rf next to Lf (8)

TAG 1:

[1 – 8] Vine, Cross Rock, Side, Cross Rock

1, 2, 3, 4 Step Rf to right side, step Lf behind Rf, step Rf to right side, Cross rock Lf over Rf 12:00
5, 6, 7, 8 Recover on Rf, step Lf to left side, cross rock Rf over Lf, recover on Lf

TAG 2:

[1 – 4] Vine with cross

1, 2, 3, 4 Step Rf to right side, step Lf behind Rf, step Rf to right side, Cross Lf over Rf 6:00

Tag 1: After wall 2 facing 12.00, after count 16 on wall 5 facing 6.00, after wall 7 facing 6.00

Tag 2: After wall 3 facing 6.00, after wall 9 with a step change/ending facing 6.00

Ending: Tag 2 with a minor step change, after wall 9; step Rf to the right side, step Lf behind Rf, turn ¼ right stepping forward on the Rf, continue turning another ¼ right with weight on Rf and Lf touch/follow next to Rf

***:** Option for steps 1 and 2, section 1: Make a full turn right: turn ½ right stepping forward on Rf, turn ½ right stepping back on Lf

****:** Easy option for section 3: Side rock recover, Cross shuffle X2

Contact: anna.oldberg@hotmail.se