

Body Goes Boom (AB)

Count: 24 **Wall:** 2 **Level:** Absolute Beginner

Choreographer: Adrian Helliker (Nuline Dance (4 June 2016))

Music: Boom Boom – Justice Crew



Intro: 16 counts Approx 14 seconds in to track

Split Dance floor with (Rachael McEnaney)

No Tags No Restarts

[1-8] RIGHT STEP BACK, TOUCH LEFT IN FRONT, SHUFFLE FORWARD LEFT, ¼ TURN LEFT CROSS POINT

- 1-2 Step right back, touch left across right
- 3&4 Shuffle forward stepping Left-Right-Left
- 5-6 Step right forward, ¼ turn left
- 7-8 Cross right over left, point left to left side

[9-16] BUMP HIPS FORWARD X2, BUMP HIPS BACK X2, SHUFFLE FORWARD LEFT, PIVOT ¼

- 1-2 Step left forward bump hips forward x2
- 3-4 Bump hips back right x2
- 5&6 Shuffle forward stepping Left-Right-Left
- 7-8 Step right forward, pivot ¼ turn left (6:00)

[17-24] CROSS POINT X2, BOUNCE RIGHT TO SIDE X2, BOUNCE LEFT TO SIDE X2

- 1-2 Cross right over left, point left to left side
- 3-4 Cross left over right, point right to right side
- 5-6 Bump hips right to side x2
- 7-8 Bump hips left to side taking weight on left

Last Update - 8th June 2016