

# Be My Life's Companion

**COPPER** **KNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** High Beginner

**Choreographer:** Shelly Zimmerman (USA) - July 2016

**Music:** Be My Life's Companion - The Mills Brothers



**Dedicated to Paul and Karla Dornstedt**

**Start on Main Vocals (When they say "Life's)**

**\*Thank You Vickie for suggesting the Music**

## **(1-8) Right Step Forward, Left Touch, Left Step Back, Sweep Right, Weave Left**

- 1, 2 - Step Forward on Right Foot, Touch Left Foot next to Right Foot
- 3, 4 - Step Back on Left Foot, Sweep Right Foot Behind Left Foot
- 5, 6, 7, 8 - Step Right Foot Behind Left Foot, Step Left Foot to Left Side, Cross Right Foot over Left Foot, Step Left Foot to Left Side

## **(9-16) Right Back Rock Recover, Right Side Rock Recover, Right Forward Rock Recover, 1/4 Right Turn, Scuff Left**

- 1, 2 - Step Right Foot Back, Recover Weight on Left Foot
- 3, 4 - Step Right Foot to Right Side, Recover Weight on Left Foot
- 5, 6 - Cross Right Foot Forward over Left Foot, Recover Weight on Left Foot
- 7, 8 - Turn 1/4 Right Stepping Forward on Right Foot, Scuff Left Foot

## **Forward Right Diagonal**

## **(17-24) Left Cross Toe Strut, Right Toe Strut, Left Side Rock Cross, Hold**

- 1, 2 - Step Forward on Left Toe(Slight Right Diagonal), Drop Down Heel
- 3, 4 - Step on Right Toe(Slightly Back), Drop Down Heel
- 5, 6, 7, 8 - Step Left Foot to Left Side, Step Right Foot Next to Left Foot, Cross Left Foot Over Right Foot, Hold

## **(25-32) Rumba Box Back With Holds**

- 1, 2 - Step Right Foot Side, Step Left Foot next to Right Foot
- 3, 4 - Step Back on Right Foot, Hold
- 5, 6 - Step Left Foot Side, Step Right Foot next to Left Foot
- 7, 8 - Step Forward on Left Foot, Scuff

## **Tag: At End of 5th Wall Complete 16 Count Tag (Facing 3:00)**

## **(1-8) - Step Right Kick Left Foot Forward, Step Left Kick Right Foot Forward, Right Back Rock Recover, Left 1/2 Pivot**

- 1, 2 - Step Forward on Right Foot, Kick Left Foot across Right Foot
- 3, 4 - Step Forward on Left Foot, Kick Right Foot across Left Foot
- 5, 6 - Step Right Foot Back, Recover Weight on Left Foot
- 7, 8 - Step Right Foot Forward, Pivot 1/2 Turn Left

## **(9-16) Step Right Foot Forward Point Left, Left Cross Point Right, Right 1/4 Turn Jazz Box**

- 1, 2 - Step Forward on Right Foot, Point Left Foot Left
- 3, 4 - Cross Left Foot over Right Foot, Point Right Foot Right
- 5, 6, 7, 8 - Cross Right Foot over Left Foot, Step Back on Left Foot, Step Right Foot to Right Side, Cross Left Foot over Right Foot

## **Ending: On Wall 11 - Complete First 20 Counts of Dance**

- 5,6,7,8 - 1/4 Turn Lt, Lt Side Together Side (Dragging Rt Foot to Lt Foot) (12:00)

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