I Can Do This All Day

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Rob Holley (USA) - August 2016
Music: All Day - LOCASH : (CD: The Fighters - iTunes)

Intro: 16 (start on vocals)

[1-8] HEEL PUMP FORWARD X2, COASTER, REPEAT

1-2	Pump R heel forward, pump R heel forward
3&4	Step R back, step L back, step R forward
5-6	Pump L heel forward, pump L heel forward
7&8	Step L back, step R back, step L forward

[9-16] HIP BUMPS RIGHT, HIP BUMPS LEFT, 1/8 TURN HIP ROLLS X2

1&2	Step R slightly forward & bump R hip, bump L hip back, bump R hip forward
3&4	Step L slightly forward & bump L hip, bump R hip back, bump L hip forward
5-8	Step R forward and hip roll CCW making 1/8 turn taking weight on L, repeat for (7-8) (9:00)

[17-24] SYNCOPATED WEAVE LEFT, HEEL JACK, SYNCOPATED WEAVE RIGHT, HEEL JACK

1&2&	Cross R over L (1), step L to L side (&), step R behind L (2), step L to L side (&)
3&4&	Cross R over L (3), step L to L side (&), touch R heel forward (4), step R next to L (&)
5&6&	Cross L over R (5), step R to R side (&), step L behind R (6), step R to R side (&)
7&8&	Cross L over R (7), step R to R side (&), touch L heel forward (8), step L next to R (&)

[25-28] CROSS STEP, HOLD, HEEL JACK, HOLD

1-2	Cross R over L, hold
&3-4	Step L to L side, touch R heel forward, hold

[29-32] CROSS STEP, HEEL JACK, CROSS STEP, HEEL JACK

&5	Step R next to L, cross L over R
&6	Step R to R side, touch L heel forward
&7	Step L next to R, cross R over L
&8	Step L to L side, touch R heel forward

***TAG: After finishing wall 2, facing 6:00**
[1-4] HEEL PUMP FORWARD X2, TOE TOUCH BACK X2
Restart dance from beginning

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