

Mind Won't Stop

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 2

Level: High Intermediate

Choreographer: Kirsten Matthiessen (DK) - August 2016

Music: '11 Blocks' by Warbel



Intro: 32 counts (app. 20 seconds)

Tags: ☐ There are two Tags, see below for details – don't worry they are easy ☐

Phrasing: ☐

After wall 2: Tag 1

After wall 3: Tag 2

After wall 6: Tag 2 + Tag 1

[1-8] ☐ Rock recover, Behind $\frac{1}{4}$ L step, Step fw, Anchor step, Sweep $\frac{1}{2}$ L, Step fw ☐

1-2 Rock R fw, recover onto L sweeping R CW ☐ 12:00

3&4-5 Cross R behind L, turn $\frac{1}{4}$ L stepping L fw, step R fw, step L fw ☐ 09:00

6&7-8 Step R behind L, step L in place, step R in place sweeping L CCW starting a $\frac{1}{2}$ L turn, complete the $\frac{1}{2}$ L turn stepping L fw ☐ 03:00

[9-17] ☐ Step lock step x2, Mambo step, Ball step, Sailor $\frac{1}{4}$ L ☐

1&2 Step R diagonally fw, lock L behind R, step R diagonally fw ☐ 03:00

&3-4 Step L diagonally fw, lock R behind L, step L fw ☐ 03:00

5&6 Rock R fw, recover onto L, step R back ☐ 03:00

&7 Step L next to R, step R back sweeping L CCW ☐ 03:00

8&1 Cross L behind R, turn $\frac{1}{4}$ L stepping R small step to R side, step L fw ☐ 12:00

[18-24] ☐ Walk walk, Hold, Ball rock, Ball step $\frac{1}{2}$ L turn ☐

2-3-4 Step R fw, step L fw, hold ☐ 12:00

&5-6 Step R next to L, rock L fw, recover onto R ☐ 12:00

&7-8 Step L next to R, step R fw, turn $\frac{1}{2}$ L stepping onto L ☐ 06:00

[25-32] ☐ $\frac{1}{4}$ L, Cross shuffle, $\frac{1}{4}$ L, Cross behind, Side rock, Behind side, Step $\frac{1}{2}$ L turn ☐

1&2&3 Turn $\frac{1}{4}$ L stepping R to R side, cross L over R, step R to R side, cross L over R, turn $\frac{1}{4}$ L stepping back on R sweeping L CCW ☐ 12:00

Note: This should be done as a gradual $\frac{1}{2}$ L turn making a half circle ☐

4-5& Cross L behind R, rock R to R side, recover onto L ☐ 12:00

6& Cross R behind L, step L to L side ☐ 12:00

7-8 Step R fw, turn $\frac{1}{2}$ L stepping onto L ☐ 06:00

Tag 1: Rocking Chair

1-2-3-4 Rock R fw, recover onto L, rock R back, recover onto L ☐ 12:00

Tag 2: Jazzbox, Step $\frac{1}{2}$ L turn, Sweep $\frac{1}{2}$ L turn, Touch

1-2-3-4 Cross R over L, step L back, step R to R side, step L fw ☐ 12:00

5-6 Step R fw, turn $\frac{1}{2}$ L stepping onto L ☐ 06:00

7-8 Sweep R turning $\frac{1}{2}$ L, touch R next to L ☐ 12:00

Hope you enjoy

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