

Waltz Up

Count: 24 Wall: 4 Level: Beginner - Waltz

Choreographer: Susanne Oates. Sept 2016

Music: "From the Ground Up" by Dan + Shay, 152 BPM.



#48 Count intro. Start on vocals.

ALTERNATIVE MUSIC: This dance is intended as an easier floor split for the dance "From the Ground Up".

You may also like to try

"Slamming Doors" by Ben Haenow" or

"A thousand Years" by Christina Perri

CROSS TWINKLE, CROSS TWINKLE

1 2 3 Step left over right. Step right to right side. Step left to place.

4 5 6 Step right over left. Step left to left side. Step right to place.

STEP, SWEEP, STEP, SWEEP.

1 2 3 Step forward on left. Sweep right from back to front over two counts.

4 5 6 Step forward on right. Sweep left from back to front over two counts.

CROSS TWINKLE ¼, WEAVE

1 2 3 Step left over right. Turn ¼ left, stepping right to right side. Step left to left side.

4 5 6 Step right over left. Step left to left side. Step right behind left. (9o'clock)

¼ TURN, TOUCH, HOLD, ¼ TURN, TOUCH, HOLD.

1 2 3 Turn ¼ left, stepping forward on left. Touch right to right side. Hold.

4 5 6 Turn ¼ right, stepping right beside left. Touch left to left side. Hold. (9o'clock)

START AGAIN