Crying My Heart Out

Count: 64 **Wall:** 2 **Level:** Intermediate
Choreographer: Mawayani (NL) - November 2016
Music: I'm Crying My Heart Out Over You (with Billy Forrest) - Ray Dylan

Intro : 32 counts

S1: LOCKSTEP, TOUCH, DIG.STEP LEFT, TOUCH, DIG. STEP RICHT, TOUCH BEHIND

1	RF step fwd
2	LF lock behind RF
3	RF step fwd
4	LF touch next to RF
5	LF step diagonal left fwd
6	RF touch next to LF
7	RF step diagonal right fwd
8	LF touch behind RF

S2: BEHIND, BEHIND, CROSS OVER, BEHIND, ¼ STEP LEFT, PADDLE ¼ TURN LEFT, STEP FWD

1	LF step diagonal bwd
2	RF step bwd (12)
3	LF cross over RF
4	RF step bwd
5	LF ¼ turn left, step to left side
6	RF step fwd
7	L+R ¼ turn left
8	RF step fwd

S3: STEP FWD, HOLD & STEP FWD, ROCK, RECOVER, ¼ TURN RIGHT CHASSE, CROSS OVER

1	LF step fwd
2	hold
&	RF close next to LF
3	LF step fwd
4	RF rock fwd
5	LF recover
6	RF ¼ turn right, step to right side
&	LF step next to RF
7	RF step to right side
8	LF cross over RF

S4: STEP RIGHT, CROSS BEHIND, ¼ RIGHT, ROCK, RECOVER, ½ TURN LEFT FWD, STEP FWD, HOLD

1	RV step to right side
2	LV cross behind RF
3	RV ¼ turn right, step fwd
4	LV rock fwd
5	RV recover
6	LV ½ turn left, step fwd
7	RV step fwd
8	hold

S5: HIP BUMPS, TOUCH, FULL TURN RIGHT, TOUCH

1	LV hip left
2	RV hip right

3	LV hip left
4	RV touch next to LF
5	RV ¼ turn right, step to right side
6	LV ½ turn right, step bwd
7	RV ¼ turn right, step to right side
8	LV touch next to RF

S6: ROCK, RECOVER, ½ TURN LEFT, HOLD,+ ROCK, RECOVER, ¼ TURN RIGHT, HOLD

1	LF rock fwd
2	RF recover
3	LF ½ turn left, step fwd
4	hold
5	RF rock fwd
6	LF recover
7	RF ¼ turn right, step fwd
8	hold

S7: LOCKSTEP, TOUCH, ¼ PADDLE TURN LEFT, ¼ PADDLE TURN LEFT

1	LF step fwd
2	RF lock behind LF
3	LF step fwd
4	RF touch next to LF
5	RF step fwd
6	R+L ¼ turn left
7	RF step fwd
8	R+L ¼ turn left

S8: LOCK STEP, ¼ RIGHT SCUFF, STEP FWD, ½ TURN RIGHT, STEP FWD, HOLD

1	RF step fwd
2	LF lock behind RF
3	RF step fwd
4	LF ¼ turn right, scuff
5	LF step fwd
6	L+R ½ turn right
7	LF step fwd
8	hold

Start over

Ending: dance the first two blocks

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