

# Mama's Heart Of Gold

**COPPER KNOB**  
BY CONCEPTS

**Count:** 34    **Wall:** 4    **Level:** Improver

**Choreographer:** Micaela Svensson Erlandsson, Swe, November 2016

**Music:** Mama Courtney by Robert Mizzell



## Intro: 36 Count

### Section 1: Side. Touch. Side. Behind. Side. Cross. Side. Touch. Side. Behind. ¼ Turn right. Step.

- 1&2                    Step right to right side. Touch left beside right. Step left to left side.  
3&4                    Cross right behind left. Step left to left. Cross right over left.  
5&6                    Step left to left side. Touch right beside left. Step right to right side.  
7&8                    Cross left behind right. Turn ¼ right stepping forward on right. Step forward on left.

### Section 2: Mambo Step. Coaster Step. Step. ½ Turn left. ½ Chase Turn left.

- 1&2                    Rock forward on right. Recover onto left. Step back on right.  
3&4                    Step back on left. Step right beside left. Step forward on left.  
5-6                    Step forward on right. Turn ½ left.  
7&8                    Step forward on right. Turn ½ left. Step forward on right.

**Bridge here: On wall 3 facing 9 O'clock. Wall 6 Facing 12 O'clock. Wall 7 Facing 9 O'clock.**

### Section 3: Rock Step. Shuffle ½ Turn left. Heel Switches. Rock Step.

- 1-2                    Rock forward on left. Recover onto right.  
3&4                    Make a Shuffle ½ turn back over the left shoulder stepping left, right, left.  
5&6&                    Touch right heel forward. Step right in place. Touch left heel forward. Step left in place  
7-8                    Rock forward on right. Recover onto left.

### Section 4: Back Shuffle. Coaster Step. Skate. Skate. Right Vaudeville.

- 1&2                    Step back on right. Close left beside right. Step back on right.  
3&4                    Step back on left. Step right beside left. Step forward on left.  
5-6                    Skate forward on right. Skate forward on left.  
7&                    Cross right foot over left. Step back on the left foot.  
8&                    Touch right heel forward. Step right in place.

### Section 5: Cross Shuffle.

- 1&2                    Cross left over right. Step right foot to right side. Cross left over right.

**Bridge: Walk forward on left. Walk forward on right.**

**On Wall 3 (Facing 9 O'clock) Wall 6 (Facing 12 O'clock) Wall 7 (Facing 9 O'clock)**

**Tag: After Wall 3(Facing 3 O'clock)**

**Right Scissor Step. Left Scissor Step.**