# Stand up and Boogie

**Count:** 48 **Wall:** 4 **Level:** Beginner
**Choreographer:** Rick Todd (USA) - January 2017
**Music:** Stand Up and Boogie - Danny & Bongy

**S1: Lindy Right, Left Rockin' Chair**

| | |
|---|---|
| 1&2 | Step right, step left next to right, step right |
| 3-4 | Rock back on left, recover on right |
| 5-6 | Rock forward on left, recover on right |
| 7-8 | Rock back on left, recover on right |

**S2: Lindy Left, Right Rockin' Chair**

| | |
|---|---|
| 1&2 | Step left, step right next to left, step left |
| 3-4 | Rock back on right, recover on left |
| 5-6 | Rock forward on right, recover on left |
| 7-8 | Rock back on right, recover on left |

**S3: Two Right Jazz Boxes**

| | |
|---|---|
| 1-4 | Cross right over left, step back on left, step right to side, step left next to right |
| 5-8 | Cross right over left, step back on left, step right to side, step left next to right |

**S4: Two Lock steps forward with Brushes**

| | |
|---|---|
| 1-4 | Step right forward, lock left behind right, step forward on right, brush left forward |
| 5-8 | Step left forward, lock right behind left, step forward on left, brush right forward |

**S5: K-Step**

| | |
|---|---|
| 1-4 | Step forward on right, touch left next to right, step back on left, touch right next to left |
| 5-8 | Step back on right, touch left next to right, step forward on left, touch right next to left |

**S6: Walk Back R. L., turn ¼ to Right, Kick Left, Walk Back Left Right Left, Touch Right**

| | |
|---|---|
| 1-4 | Walk back right left, turn ¼ to right & kick left forward |
| 5-8 | Walk back left right left, touch right next to left |

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