Stand up and Boogie

Count: 48  Wall: 4  Level: Beginner
Choreographer: Rick Todd – Jan 2017
Music: Stand up and Boogie by: Danny & Bongy

S1: Lindy Right, Left Rockin’ Chair
1&2  Step right, step left next to right, step right
3-4  Rock back on left, recover on right
5-6  Rock forward on left, recover on right
7-8  Rock back on left, recover on right

S2: Lindy Left, Right Rockin’ Chair
1&2  Step left, step right next to left, step left
3-4  Rock back on right, recover on left
5-6  Rock forward on right, recover on left
7-8  Rock back on right, recover on left

S3: Two Right Jazz Boxes
1-4  Cross right over left, step back on left, step right to side, step left next to right
5-8  Cross right over left, step back on left, step right to side, step left next to right

S4: Two Lock steps forward with Brushes
1-4  Step right forward, lock left behind right, step forward on right, brush left forward
5-8  Step left forward, lock right behind left, step forward on left, brush right forward

S5: K-Step
1-4  Step forward on right, touch left next to right, step back on left, touch right next to left
5-8  Step back on right, touch left next to right, step forward on left, touch right next to left

S6: Walk Back R. L., turn ¼ to Right, Kick Left, Walk Back Left Right Left, Touch Right
1-4  Walk back right left, turn ¼ to right & kick left forward
5-8  Walk back left right left, touch right next to left

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