Itch and Scratch

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Sandy Kerrigan (AUS) - January 2017
Music: Bounce With Me - Kreesha Turner : (Album: Nike 10K Mix or Single - iTunes)

Dance starts on lyrics - Starts - wt on L – BPM [148:5] – Track Length 3.6

Right Side Mambo Together, Left Side Mambo Together, Side, Together, Right Side Shuffle 12:00

1 & 2 3 & 4	Rock R to R Side, Replace To L, Step R next to L, Rock L to L Side, Replace to R, Step L next to R
5 6 7 & 8	Step R to R Side, Step L next o R, Step R to R, Step L next to R, Step R to R Side

Charleston Step, Walk Fwd, Fwd, Left Fwd Rock Step, Step Back 12:00

1 2 3 4	Step Fwd L, Sweep R around Fwd, Step Back on R, Sweep L Back around-wt on R
5 6	Walk Fwd L, Walk Fwd R
7 & 8	Rock Fwd on L, Replace Back to R, Step Back on L

Step Back, Step Together, Heels out, Heels In, Knees Out Knees In, Side, Together, ¼ Shuffle 9:00

1 2 3 & 4 &	Step Back R, Step L next to R, Heels Out, Heels in Together, Both Knees Out, Both Knees in Together-wt on R
5 6 7 & 8	Step L to L, Step R next to L, Step L to L Side, Step R next to L, Turning ¼ L-Step Fwd L

Jazz Box Cross, Jazz Box Cross (Jazz box has a bounce action)9:00

1 2 3 4	Cross R over L, Step Back on L, Step R to R Side, Cross L over R
5 6 7 8	Cross R over L, Step Back on L, Step R to R Side, Cross L over R

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