

	nt: 32 Ar: David Ac	Wall: 4	Level: Newcomer / Novice a Cosgrove (USA) - February 2017	回抗禁国 防衛運動	
• •		Tapo & Raya			
[1-8] Side, Tog	ether Walk	x2 Rock x4			
1,2,3,4			to R, Step R forward, Step L forward		
5,6,7,8		•	Rock weight R, Recover weight L		
[9-16] Walk ba	ck x3, Toget	ther, ¼ Turn with Hitch,	, Side Rock, Recover		
1,2,3,4	Step R bad	ck, Step L back, Step F	R back, Step L next to R		
5&6&	keeping kr	Make an ¼ turn left by hitching the right knee up and bringing R hip up (5), Drop R hip keeping knee up (&), Make an ¼ turn left bringing the R hip up (6), Drop R hip keeping knee up (&) (9:00)			
7,8	Step R to I	right side, Recover weig	ght L		
[17-23] ¼ Turn	, Back Rock	, Recover, Forward Sh	uffle, Step, ½ Pivot		
1,2,3	Make a ¼	turn left recovering wei	ight R (6:00), Step L back, Recover weight	R	
4&5	Step L forv	ward, Step R next to L,	Step L forward		
6,7	Step R for	ward, Pivot ½ turn left b	bringing weight to L (12:00)		
[24-32] "C" bun	nps forward,	, Step, ¼ Turn, Cross			
8&1	•	Step R toe forward pushing hips forward, Push hips back, Push hips forward dropping R hee bringing weight to R			
2&3		Step L toe forward pushing hips forward, Push hips back, Push hips forward dropping L heel pringing weight to L			
4&5		Step R toe forward pushing hips forward, Push hips back, Push hips forward dropping R hee bringing weight to R			
6,7,8	Step L forv	vard, Pivot ¼ turn right	bringing weight to R (3:00), Cross L over	R	
*Option: Instea	d of C Bum	o forward, triple fwd wit	th hip action! Think Cha cha!		
	• · ·	at the end of wall 9 fac Ilder brush LRLL	cing 3:00		
1-4	-	right side pushing hips	to the right, swing the hips clockwise arou	nd ending weight	
5,6,7,8		Look over L shoulder to front wall, L hand comes to R shoulder and brushes it, R hand comes to L shoulder and brushes it, L hand comes to R shoulder and brushes it 2x.			
*Optional legs	for counts 5	-8:			

- 5&6& As the L hand brushes the R shoulder hitch the R knee up (5), Step the R foot down (&), As the R hand brushes the L shoulder hitch the L knee up (6), Step the L foot down (&)
- As the L hand brushes the R shoulder hitch the R knee up (7), Tap the R foot (&), As the L 7&8 hand brushes the R shoulder again hitch the R knee up (8)