

Rock and Roll Music - Beginner

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Jo Hough (AUS) - February 2017

Music: Rock and Roll Music - Bryan Adams : (iTunes)



Dance starts on beat 8 on "rock". BPM 167 Track length 2:34 Huffie62@hotmail.com
Thank you to Michelle my trusty sheet scrutiniser.

SEC 1: STRUT STRUT MAMBO FORWARD. BACK BACK COASTER STEP.

- 1&-2& Forward R toe heel strut. Forward L toe heel strut
- 3&4 Step forward on R, step weight L, step R together 12:00
- 5&6 Back L toe heel strut, back R toe, heel strut
- 7&8 Step L back step R together step left forward together

SEC 2: SIDE BACK ROCK, SIDE BACK ROCK. STEP TOG. FORWARD ¼ STEP LOCK STEP **

- 1&2 Step R to R, rock back on L, take weight R
- 3&4 Step L to L, rock back on R, take weight L
- 5&6 Step R to R, step L together, step R forward
- 7&8 ¼ step L to left, lock step R behind L, step L 9:00

SEC 3: CHARLESTON FWD , BACK , 1/4 TURN CROSS , SCISSOR STEP CROSS

- 1&2 Swing R foot around touch toe forward, hold swing R around step back on R
- 3&4 Swing L foot around touch toe back hold step L next to R
- 5&6 Step forward on R take weight L ¼ turn pivot step R across L 6:00
- 7&8 Step L to L, close R foot towards L step L across R

SEC 4: SIDE TOUCH POINT TOUCH. STEP TOUCH HIP BUMP.

- 1-2 Step R to R , touch L together 6:00
- 3-4 Point L out, touch next to R
- 5-6 Step L to L touch R together
- 7-8 Hip bump to R and L to centre

Tags - No tags

Restart: On every second wall (2 4 6 8) Restart is always at the end of count 16.

Choreographed for my beginner class.
YouTube Tatiara Line Dance

Contact: Huffie62@hotmail.com