Stuck In My Head

Count: 32 **Wall:** 4 **Level:** Easy Intermediate
Choreographer: Daniel Trepat (NL) & Rebecca Lee (MY) - April 2017
Music: Outta My Head - OG3NE

Start dance after 16 counts

SIDE STEP WITH TOUCH X2 , ROCKING CHAIR, SCUFF, OUT OUT

1	Big step R to R side (push both hand to L with R bend near to chest, L straighten to L side)
2	Touch L next to R (bring both hand up to 90' like muscle man)
3	Big step L to L side (push both hand to R with L bend near to chest, R straighten to R side)
4	Touch R next to L (bring both hand up to 90' like muscle man)
5&6&	Rock R forward, Recover L, Rock R back, Recover L
7&8	Scuff R, Step R to R, Step L to L

(Place both hand on the head like having headache)

TWIST R, ¼ TURN BALL-STEP, ROCK ½ TURN, ¼ TURN DIP, ½ TURN STEP

1	Twist R toe out to R while Twist L heel out to L (hand open to side as you twist)
2	Recover L heel and R toe (place the hand back to the head) Weight ends on L
&3,4	Step R next to L, ¼ turn L Step L forward, Step R forward
5&6	Rock L forward, Recover R, ½ turn L Step L forward
7	¼ turn L step R to R side (with knee bent look like squat/plie position)
8	½ turn L step L to L as you straighten the knee

CROSS ROCK X2, HEEL SWIVEL X2, JUMP , BODY ROLL

1&2	Cross Rock R over L, Recover L, Step R to R
3&4	Cross Rock L over R, Recover R, Step L to L
&5&6	Swivel R heel in, Recover R heel in place, Swivel L heel in, Recover L heel in place
7,8	Jump feet together with bend knees, reverse body roll (Roll up)

STEP ¼ TURN L PIVOT, HEEL SWIVEL, BALL-CROSS, KNEE POP, DRAG, HITCH

1&2	Step R forward, 1/4 turn L Swivel L heel to R, Swivel R heel to R
&3,4	Step L next to R, Cross R over L, Step R forward diagonally L
5,6	Pop R knee forward, Pop L knee forward
7,8	Drag R toward L, Hitch R knee

TAG: (after Wall 3 (9'00)

1,2	Step R to R, Touch L next to R (place both hand on the head like headache)
3,4	¼ turn L with toe step R,L while knee knockx2 (out,in)
5,6	¼ turn L Step R to R, Touch L next to R
7,8	¼ turn L with toe step R,L while knee knockx2 (out,in) (3.00)

Daniel Trepat – info@danieltrepat.com
Rebecca Lee- rebecca_jazz@yahoo.com