# My Galway Girl

**Count:** 48

Level: Phrased Novice / Intermediate

Choreographer: Floriane Cattin (FR) - April 2017 Music: Galway Girl - Ed Sheeran



## Intro: 16 counts - Sequence: AA(16) B AA(16) BB AA(16) BBBB ------ (16 = 16 first counts of A )

#### A (32 counts)

### A [1-8] : R HEEL, L HEEL, R HEEL, R HOOK HEEL, R COASTER CROSS, L SIDE ROCK CROSS

- 1&2& Tap R heel forward, recover RF next to LF, tap L heel forward, recover LF next to RF
- 3&4 Tap R heel forward, hook R heel over LF, tap R heel forward

Wall: 2

- Step back on ball of RF, step ball of Lf beside RF, step RF forward 5&6
- Rock LF to L side, Recover weight on RF, Cross LF over RF (12:00) 7&8

## A [9-16] : ¼ TURN, ¼ TURN, R TRIPLE STEP, L STEP, R HITCH POINT BACK, ½ TURN STEP R

- 1-2 Turn <sup>1</sup>/<sub>4</sub> to the L Step RF back, turn <sup>1</sup>/<sub>4</sub> to the L step LF forward (6:00)
- 3&4 Triple step forward R, L, R
- Step LF forward, hitch R knee 5-6
- 7-8 Point RF back, turn your body  $\frac{1}{2}$  to the R and put the weight on RF (12:00) (if you are doing part B after don't put the weight on RF but keep it on LF !!!)

## A [17-24] : L KICK AND R POINT, R KICK AND L POINT, SAILOR STEP ½ TURN, SCUFF HITCH STEP

- 1&2 Kick LF forward, recover LF next to RF, point RF to R side
- 3&4 Kick RF forward, recover RF next to LF, point LF to L side
- 5&6 Step LF behind RF, <sup>1</sup>/<sub>2</sub> turn left, step RF next to LF, step LF forward (6:00)
- 7&8 Scuff RF forward, hitch R knee, step RF forward

#### A [25-32]: L MAMBO FWD STEP BACK, BACK X2 WITH KNEE POPOS, R COSTER STEP, POINT L, POINT R

- 1&2 Rock LF fwd, Recover weight on RF, Step LF back
- 3-4 Step back on RF poppoing L knee forward, Step back on LF poppoing R knee forward
- Step RF back, Step LF next to RF, Step RF fwd 5&6
- 7&8 Point LF to L side, recover LF next to RF, point RF to R side

## B (16 counts)

## B [1-8]: R STEP, L TOES, R HEEL, L TOES, R COSTER STEP, L ROCK STEP

- 1&2 Step RF forward, point LF back RF, recover weight on LF
- &3&4 Tap R heel forward, recover weight on RF, point LF back, recover weight on LF
- Step RF back, Step LF next to RF, Step RF fwd 5&6
- 7-8 Rock LF fwd, Recover weight on RF (prepare body for <sup>1</sup>/<sub>2</sub> turn)

## B [9-16]: ½ TURN ROCK STEP, WEAVE SYNCOPE, R SIDE ROCK, HEEL GRIND X2

- &1-2 <sup>1</sup>/<sub>2</sub> turn to the left, Rock RF fwd, Recover weight on LF (6:00)
- &3&4 step RF to R side, cross LF over RF, step RF to R side, cross LF behind RF
- 5-6 Rock RF to R side, Recover weight on LF
- Step R heel over L with toes turned in grinding heel turning toes out, little step LF to L, Step 7&8& R heel over L with toes turned in grinding heel turning toes out, little step LF to L

## R = right L = left RF = right foot LF = left foot fwd = forward

Contact: floriane.cattin@gmail.com