Keep On Dancing

Count: 64 **Wall:** 2 **Level:** Easy Intermediate

Choreographer: Melissa Foong (AUS), Amy Ho (AUS), Joyce Leung (AUS), Helen Ng (AUS), Linda Ng & Elaine Wong - April 2017

Music: Keep On Dancing - Gwen Stefani

Introduction: 32 Beats. - Restart : on wall 2, after 32 counts.

S1: FORWARD, TOUCH, BACK-LOCK-BACK, ROLL BACK, 1/4 SIDE SHUFFLE

1, 2	Step R Forward, Touch L Toe Behind Right & Click Fingers
3 & 4	Step L Back, Lock R Across In Front Of Left, Step L Back
5, 6	Turn 180deg Right Step R Forward, Turn 180deg right Step L Back
7 & 8	Turn 90deg Right Side Shuffle To The Right Step : R-L-R. (3.00)

S2: CROSS SAMBA, CROSS SAMBA, FORWARD, ROCK, 1/2 TURN SAILOR

1 & 2	Step L Across In Front Of Right, Step R To The Side, Step L To The Side
3 & 4	Step R Across In Front Of Left, Step L To The Side, Step R To The Side
5, 6	Step L Forward, Rock Back Onto R
7 & 8	Sailor Step Turning 180deg left Step : L-R-L. (9.00)

S3: FORWARD, ROCK-OUT-OUT, HOLD, HEEL, HEEL, 1/4 HEEL, HEEL

1, 2	Step R Forward, Rock Back Onto L
& 3, 4	Step R To The Side, Step L To The Side, Hold
5, 6	Bounce R Heel, Bounce R Heel
7, 8	Turn 90deg left Bounce L Heel, Bounce L Heel Take Weight Onto L. (6.00)

S4: FORWARD, ROCK, OUT-OUT, HOLD, DOUBLE HIP, DOUBLE HIP

1, 2	Step R Forward, Rock Back Onto L
& 3, 4	Step R Back At 45deg right, Step L To The Side
5, 6	Push Hips Right, Push Hips Right
7, 8	Push Hips Left, Push Hips Left Take Weight Onto L. (6.00) ##

S5: VAUDEVILLE, VAUDEVILLE, FORWARD, 1/4 SIDE, SHUFFLE ACROSS

1 &	Step R Across In Front Of Left, Step L To The Side
2 &	Touch R Heel Forward At 45deg right, Step R Back
3 &	Step L Across In Front Of Right, Step R To The Side
4 &	Touch L Heel Forward At 45deg left, Step L Back
5, 6	Step R Forward, Turn 90deg left Step L To The Side
7 & 8	Shuffle Right Across In Front Of Left Step : R-L-R. (3.00)

S6: SIDE, ROCK & SIDE, ROCK & FULL TURN : STEP-LOCK-STEP-LOCK-STEP-LOCK-STEP

1, 2 &	Step L To The Side, Side Rock Onto R, Step L Together
3, 4 &	Step R To The Side, Side Rock Onto L, Step R Together
5 &	Turn 90deg left Step L Forward, Lock R Behind Left
6 &	Turn 90deg left Step L Forward, Lock R Behind Left
7 &	Turn 90deg left Step L Forward, Lock R Behind Left
8	Turn 90deg left Step L Forward. (3.00)

S7: 1/4 TURN JAZZ BOX, FORWARD, KICK, BACK, TOUCH

1, 2	Jazz Box : Step R Across In Front Of Left, Step L Back
3, 4	Turn 90deg right Step R To The Side, Step L Forward
5, 6	Step R Forward, Kick L Forward

7, 8	Step L Back, Touch R Toe Back. (6.00)

S8: BACK-ROCK-BACK-ROCK-BACK, TOGETHER, “V” STEP

1 &	Step R Back, Rock Forward Onto L
2 &	Step R Back, Rock Forward Onto L
3, 4	Step R Back, Step L Together
5, 6	“V” Step : Step R Forward At 45deg right, Step L Forward At 45deg left
7, 8	Step R Back To The Centre, Step L Together. (6.00)

Repeat The Dance In New Direction

RESTART : On WALL 2 dance to BEAT 32 (##) then Restart facing the FRONT.

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