Get The Vibe



Count: 64 Wall: 2 Level: Intermediate

Choreographer: Nathan Gardiner (SCO) - June 2017

Music: No Lie (feat. Dua Lipa) - Sean Paul



Intro: 16 counts

S1: Cross	1/2 P Sta	n Rack	Rehind 1/4 F	R. Step Forward X2
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1&2	Cross R over L, ¼ R stepping back on L, Step back on R
3&4	Step L behind R, ¼ R stepping forward on R, Step forward on L
5&6	Cross R over L, ¼ R stepping back on L. Step back on R
7&8	Step L behind R, ¼ R stepping forward on R, Step forward on L

S2: Side, Rock Back, Recover R & L, Side Rock, Recover, Behind Side Cross

1-2&	Step R to R side, Rock back on L, Recover on R
3-4&	Step L to L side, Rock back on R, Recover on L

5-6 Rock out to R side, Recover on L

7&8 Step R behind L, Step L to L side, Cross R over L

S3: Side L, Touch, Side R, Touch, ½ Rumba Box, Rock Forward, Recover, R Lock Step

1&2&	Step L to L side.	Touch R next to L, S	Step R to R side.	Touch L next to R
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3&4 Step L to L side, Step R next to L, Step forward on L

5-6 Rock forward on R, Recover on L

7&8 Step back on R, Lock L in front of R, Step back on R

S4: L Lock Step, Rock Back, Recover, Step Pivot ½ L X2

1&2	Step back on L, Lock R in front of L, Step back on L
2.4	Dools book on D. Dooosson on I

3-4 Rock back on R, Recover on L
5-6 Step forward on R, Pivot ½ L
7-8 Step forward on R, Pivot ½ L

S5: Walk Forward R & L, Mambo Step, Coaster Step, R Lock Step

1-2	Sten	forward or	ı R	Sten	forward	on I
1 - 2	O(C)	ioi wai u oi	1 I N,	O(C)	ioiwaiu	

3&4	Rock forward on R, Recover on L, Step back on R
5&6	Step back on L, Step R next to L, Step forward on L
7&8	Step forward on R, Lock L behind R, Step forward on R

S6: Side Rock, Recover, Cross Shuffle, Point, ¼ L, Point, ¼ L, Point & Point

1-2	Rock out to L	side, Recover on I	R
1-2	NOUN OUL IO L	. Side, Necover on	Γ

' 2 X . /I	1 TOCC I	AVAR D S	STAN D TA L	י כומכ	I TOCC I	AVA P
3&4	しいしっっし	OVEL IN	Step R to F	/ SIUE.	CHUSS L	OVELD

5&6& Point R to R side, ¼ L stepping R next to L, Point L to L side, ¼ L stepping L next to R

7&8 Point R to R side, Step R next to L, Point L to L side

S7: Rock Back, Recover, Point, Behind Side Cross, ¼ LX2, Mambo Step with Knee Pop

1&2	Rock back on L, Recover on R, Point L to L side
3&4	Step L behind R, Step R to R side, Cross L over R
5-6	1/4 L stepping back on R, 1/4 L stepping L to L side

7&8 Rock forward on R, Recover on L, Step back on R popping L knee forward

S8: Cross Samba L & R, Rock Forward, Recover, Ball, Step Pivot ½ L

1&2	Cross L over R, Rock out to R side, Recover on L
3&4	Cross R over L, Rock out to L side, Recover on R

5-6& Rock forward on L, Recover on R, Step L next to R

7-8 Step forward on R, Pivot ½ L

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