

# Take a Second

**Count:** 48      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Neville Fitzgerald & Julie Harris & Rhoda Lai - (3rd September 2017)

**Music:** First Things First by Pentatonix (2.40)



## Start 16 Counts

### **S1: Rock Recover, Ball Step Up, Down, Out Out, In Cross, Side Touch, Drag.**

- 1-2      Rock forward on Left, Recover back on Right.
- &3      Step Left next to Right, step forward on Right.
- &4      Lift both heels Up, replace both heels.
- &5&6      Step Right out to Right side, step Left out to Left side, step Right in place, cross step Left over Right.
- &7-8      Step Right to Right side, touch Left next to Right, step Left to side as you drag right heel (toe up) towards Left.

### **S2: Behind Side Forward, Step, 1/2 Pivot, Step, Step Touch, Back, Touch, Drag.**

- 1&2      Cross step Right behind Left, step Left to Left side, step forward on Right.
- 3-4      Step forward on Left, make 1/2 pivot Right. (6.00)
- 5      Step forward on Left.
- 6&7&      Step Right to Right diagonal, touch Left next to Right, step Left back in place, touch Right next to Left.
- 8      Step large step back on Right as you drag Left heel toward Right.

### **S3: Coaster Step, Hitch, Toe Back, 1/4, Behind Side Cross, Side Together.**

- 1&2      Step back on Left, step Right next to Left, step forward on Left.
- 3-4-5      Hitch Right knee up, touch Right toe back, make 1/4 pivot turn to Right (keeping weight on Left). (9.00)
- 6&7      Cross step Right behind Left, step Left to Left side, cross step Right over Left.
- &8      Step Left to Left side, step Right next to Left.

### **S4: Step, Lock, Step, Lock, Step, Lock, Step, Mambo Step, Back, 1/2.**

- 1&2&      Step forward on Left, lock Right behind Left, step forward on Left, lock Right behind Left.
- 3&4      Step forward on Left, lock Right behind Left, step forward on Left.
- 5&6      Rock forward on Right, recover on Left, step back on Right.
- 7-8      Step back on Left, make 1/2 turn to Right stepping forward on Right. \*R\* (3.00)

### **S5: Side, Hold, Ball Side, Cross, & Together, Cross, 1/4, 1/4, Step Lock.**

- 1-2      Step to Left side, Hold.
- &3-4      Step Right next to Left, step Left to Left side, cross step Right over Left.
- &5      Step Left to Left side (facing slightly towards 4.30 corner) step Right next to Left (pushing bum slightly back)
- 6-7      Cross step Left over Right, make 1/4 turn to Left stepping back on Right. (12.00)
- 8&1      Make 1/4 turn to Left stepping forward on Left, step forward on Right, lock Left behind Right popping Right knee forward. (9.00)

### **S6: Step, Mambo Step, Toe, 1/2, Walk, Walk.**

- 2      Step forward on Right.
- 3&4      Rock forward on Left, recover back on Right, step back on Left.

5-6 Touch Right toe back, make 1/2 turn to Right stepping down on Right. (3.00)  
7-8 Walk forward L-R.

**Restart Walls 2 & 4**

**Dance Up To and Including Count 32 of Section 4 then Begin Dance Again.**

**Ending: Dance Up to and including Count 47, take a pivot ½ Right to face back to 12:00.**

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