

# One Girl Can Change The World

COPPER KNOB  
BY CHOREOGRAPHY

Count: 64 Wall: 2 Level: Improver

Choreographer: Kate Simpkin & Melissa Foong – September 2017

Music: "One Girl Can Change The World" by Shuree Rivera



**Introduction: 16 Beats. There is a Restart on wall 3 after 16 counts (##) then Restart facing the BACK.**

**Dance starts with weight on left.**

## **S1: Walk Forward, Walk Forward, Forward Coaster, Back, Back, Behind Side Cross**

- 1, 2 Step R Forward, Step L Forward
- 3 & 4 Step R Forward, Step L Together, Step R Back
- 5, 6 Step L Back, Step R Back
- 7 & 8 Step L Behind Right, Step R Side, Step L Across Right (12.00)

## **S2: Side Rock, Cross Shuffle, Back ¼ R, Side ¼ R, Cross Shuffle**

- 1, 2 Step R To The Side, Side Rock Onto L
- 3 & 4 Step R Across In Front Of Left, Step L To The Side, Step R Across In Front Of Left
- 5, 6 Turning ¼ R Step Back On L, Turning 1/4r Step R To The Side
- 7 & 8 ## Step L Across In Front Of Right, Step R To The Side, Step L Across In Front Of Right. (6.00)

## **S3: Side Touch, Kick Ball Cross, Side Touch, Kick Ball Cross**

- 1, 2 Step R To The Side, Touch L Beside R
- 3 & 4 Kick L, Step L To The Side, Step R Across In Front Of Left
- 5, 6 Step L Side, Touch R Beside L
- 7 & 8 Kick R, Step R Side, Step L Across In Front Of Right (6.00)

## **S4: ¼ R Forward, ½ R Back, Coaster Step, Forward, ½ L Back, Shuffle Back**

- 1, 2 Step R Forward With ¼ R Turn, Step L Back With ½ R Turn
- 3 & 4 Step R Back, Step L Together, Step R Forward
- 5, 6 Step L Forward, Step R Back With ½ L Turn
- 7 & 8 Step L Back, Step R Back Together, Step L Back (9.00)

## **S5: Back Rock, Full Turn Forward, Forward Shuffle, Paddle Turn(1/4 R)**

- 1, 2 Step R Back, Rock Forward Onto L
- 3, 4 Step R Back With ½ L Turn, Step L Forward With ½ L Turn
- 5 & 6 Step R Forward, Step L Together, Step R Forward
- 7, 8 Step L Forward, Turn ¼ R Take Weight Onto R (12.00)

## **S6: Cross Samba, Cross Touch, ½ L Sailor Step, Pivot Turn**

- 1 & 2 Step L Across Right, Rock R To R Side, Recover Onto L
- 3, 4 Step R Across Left, Touch Left To The Side
- 5 & 6 Turn 180??Left Step L Behind Right, Step R To The Side, Step L To The Side
- 7, 8 Step R Forward, Turn ½ L Take Weight Onto L (12:00)

## **S7: Walk, Walk, Shuffle Forward, Pivot Turn, Shuffle Forward**

- 1, 2 Step R Forward, Step L Forward
- 3 & 4 Step R Forward, Step L Next To Right, Step R Forward
- 5, 6 Step L Forward, Turn ½ R Take Weight Onto R

7 & 8                    Step L Forward, Step R Next To Left, Step L Forward (6.00)

**S8: Pivot Turn, Pivot Turn, Forward Kick, Back Touch**

1, 2                    Step R Forward, Turn ½ L Take Weight Onto L  
3, 4                    Step R Forward, Turn ½ L Take Weight Onto L  
5, 6                    Step R Forward, Kick L Forward  
7, 8                    Step L Back, Touch R Next To Left(6.00)

**Repeat The Dance In New Direction**

**Contact: [katesimpkin@icloud.com](mailto:katesimpkin@icloud.com), [melissafoongyy@gmail.com](mailto:melissafoongyy@gmail.com)**

**Last Update – 12th Sept 2017**