# **Open Your Heart**

**Count: 32** 

Level: Intermediate / Advanced

Choreographer: Jonas Dahlgren (SWE) & Ivonne Verhagen (NL) - September 2017 Music: Open Your Heart - Jill Johnson

#### Intro Start after 16 counts (on vocals)

### SWAY RIGHT, SWAY LEFT (POINT RIGHT HAND UP, DOWN, CIRCLE), SIDE, ROCK, 1/8 LEFT, CROSS, 1/2 TURN RIGHT, FULL TURN, ROCK

- 1,2RF sway right, LF sway left (R hand point up, R hand middle, R hand make circle right)3-4&5RF step side, LF rock back, RF weight on RF, 1/8 turn left & LF step forward (RF sweep to
- front) 6&7 RF cross over LF, LF step back, ½ turn right & RF step forward
  - 8& <sup>1</sup>/<sub>2</sub> turn right & LF step back, <sup>1</sup>/<sub>2</sub> turn right & RF step forward \*\*

### ROCK FORWARD, STEP 2X BACK, 1/8 TURN RIGHT, HAND MOVEMENTS, 1/4 TURN LEFT, SWEEP, JAZZ BOX, STEP BACK, SWEEP, STEP BACK, SWEEP

- 1 LF rock forward (point R hand forward),
- 2&3 RF step back, LF step back, 1/8 turn right & RF step side (R hand point right side & look right)
- 4&5 Weight on LF and move R hand left, Weight on RF and move R hand right, ¼ turn left & LF step forward (sweep RF to the front)
- 6&7 RF cross over LF, LF step side, RF step back
- 8& LF step back (Sweep RF back), RF step back, (Sweep LF back)

# 1⁄4 TURN LEFT & STEP SIDE, ROCK SIDE, 1⁄4 TURN LEFT, STEP, JAZZ BOX 1⁄4 LEFT, COASTER 1⁄4 LEFT, JAZZ BOX 1⁄4 TURN LEFT

- 1,2&3 1/4 turn left & LF step side, Rock RF side, 1/4 turn left & LF step forward, RF step forward
- 4&5 LF cross over RF, ¼ turn left & RF step back, LF step side
- 6&7 RF step back, ¼ turn left & LF close to RF, RF step forward
- 8&1 LF cross over RF, ¼ turn left & RF step back, LF step side

# COASTER ¼ LEFT, 3x WALK FORWARD (BOTH HANDS FORWARD UP), 3 X WALK BACK, ¼ TURN LEFT, BOTH HANDS DOWN

- 2&3 RF step back, ¼ turn left & LF close to RF, RF step forward
- 4&5 LF step forward, RF step forward, LF step forward (Lift both hands up to the front)
- 6&7 RF step back, LF step back, RF step back, (slowly hands bit lower)
- 8& ¼ turn left, hands down

\*\*Restart/Tag in wall 4 after 8 counts:

Change count 8 into LF step Left (and Restart the dance

End of the dance. Have Fun!





Wall: 0