

Second Hand Heart

COPPER KNOB
STEPSHEETS

Count: 34

Wall: 4

Level: Intermediate Polka Rhythm

Choreographer: Tonnie Vos (NL) & Ira Weisburd (USA) - September 2017

Music: Second Hand Heart - Gerry Guthrie



PART I. (FORWARD TRIPLE STEP, FORWARD TRIPLE STEP; FORWARD MAMBO, BACK MAMBO)

- 1&2 Step R forward, Step-close L beside R, Step R forward
- 3&4 Step L forward, Step-close R beside L, Step L forward
- 5&6 Step R forward, Recover back onto L, Step R back
- 7&8 Step L back, Recover forward onto R, Step L forward

PART II. (FORWARD, PIVOT 1/2 L TURN, SHUFFLE 1/4 L TURN; SYNCOPATED WEAVE BACK 7 STEPS)

- 1-2 Step R forward, Pivot 1/2 L Turn (6:00)
- 3&4 Step R forward making 1/4 L Turn (3:00), Step-close L beside R, Step R to R
- 5&6& Step L behind R, Step R to R, Step L across R, Step R to R
- 7&8 Step L behind R, Step R to R, Step L across R

PART III. (HEEL JACK: BALL, HEEL, STEP, CROSS, BALL, HEEL, BALL, HEEL; COASTER STEP, PIVOT 1/2 L TURN)

- &1&2 Step back on ball of R, Touch L heel forward, Step L in place, Step R across L
- &3&4 Step back on ball of L, Touch R heel forward, Step R in place, Touch L heel forward
- 5&6 Step L back, Step-close R beside L, Step L forward
- 7-8 Step R forward, Pivot 1/2 L Turn onto L (9:00)

PART IV. (ROCKING CHAIR, FORWARD, LOCK, STEP; ROCKING CHAIR, FORWARD, LOCK, STEP)

- 1&2& Step R forward, Recover back onto L, Step back onto R, Recover forward onto L
- 3&4 Step R forward, Step L behind R ankle, Step R forward
- 5&6& Step L forward, Recover back onto R, Step L back, Recover forward onto R
- 7&8 Step L forward, Step R behind L ankle, Step L forward
- 9-10 Step R forward, Pivot 1/2 L Turn (3:00)

REPEAT DANCE.

***Note: TAG.** On Wall 3,5 and 7 (at the end of Part II, there is a 2 count tag: &9&10 Step R to R Step L behind R, Step R to R, Step L across R) First time facing 9:00, Second & Third time at 3:00

*** Note: RESTART.** At the end of Wall 5 facing 3:00, dance the first 10 counts of the dance & restart facing 9:00

Last Update - 9 May 2021