

# Feelings

**Count:** 64    **Wall:** 2    **Level:** Intermediate

**Choreographer:** Conny Gasberg, DK – October 2017

**Music:** "Listen To Your Senses" by Allan Jackson



**Intro : 4 x 8 counts**

## **Sektion 1: Toe struts Jazz box**

- 1 - 2                      Cross right toe over left, drop right heel taking weight
- 3 - 4                      Step left toe backwards, drop left heel taking weight
- 5 - 6                      Step right toe to right side, drop right heel taking weight
- 7 - 8                      Step left toe forward, drop left heel taking weight

## **Sektion 2: Lockstep right, hold , right 1/4 cross, hold**

- 1 - 2                      Step right forward, lock left behind right
- 3 - 4                      Step right forward , hold
- 5 - 6                      Step left forward, 1/4 turn right
- 7 - 8                      Cross left over right, hold

## **Sektion 3: Side rock right together hold, side rock left together, hold**

- 1 - 2                      Rock right to right side, recover on left
- 3 - 4                      Step right next to left, hold
- 5 - 6                      Rock left to left side, recover on right
- 7 - 8                      Step left next to right, hold

## **Sektion 4: Shuffle 1/4 turn right, hold, step 1/4 turn left cross, hold**

- 1 - 2                      Step right 1/4 turn right, step left next to right
- 3 - 4                      Step right forward, hold
- 5 - 6                      Step left forward, turn 1/4 right
- 7 - 8                      Cross left over right, hold

## **Sektion 5: Side rock cross, side rock 1/4 turn step**

- 1 - 2                      Rock right to right side, recover on left
- 3 - 4                      Cross right over left, hold
- 5 - 6                      Rock left to left side, recover on right turning 1/4 right
- 7 - 8                      Step left forward, hold

## **Sektion 6: Right forward rock, recover, right back step, left back rock, recover, left step forward**

- 1 - 2                      Rock forward on right ,recover on left
- 3 - 4                      Rock back on right, hold
- 5 - 6                      Rock back on left, recover on right
- 7 - 8                      Step left forward, hold

## **Sektion 7: Right lockstep, left lockstep**

- 1 - 2                      Step right forward, lock left behind right
- 3 - 4                      Step right forward, hold
- 5 - 6                      Step left forward, lock right behind left
- 7 - 8                      Step left forward, hold

## **Sektion 8: Step 1/2 turn left, touch, side rock touch, hold**

- 1 – 2 Step forward on right , 1/2 turn left
- 3 – 4 Tuch right to left, hold
- 5 – 6 Rock right to right side recover on left
- 7 – 8 Tuch right to left, hold

**Contact: [connygasberg@gmail.com](mailto:connygasberg@gmail.com)**