

Melt Your Cold Cold Heart



Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Alison Carrington (November 2017)

Music: Cold Cold Heart by Alan Gregory



#36 Count Intro

Section 1: Out, In, Out, Behind, Side, Cross, Mambo Step, Run back x 3

- 1&2 Tap right toe to right side, tap beside left, tap right toe to right
- 3&4 Bring right behind left, step left to left, cross right over left
- 5&6 Rock forward on left, rock back on right, step back on left
- 7&8 Run back on right, left, right (weight on right)

Section 2: Out, In, Out, Behind, Side, Cross, Mambo Step, Run back x 3

- 1&2 Tap left toe to left side, tap beside right, tap left toe to left
- 3&4 Bring left behind right, step right to right, cross left over right
- 5&6 Rock forward on right, rock back on left, step back on right
- 7&8 Run back on left, right, left (weight on left)

Section 3: Diagonal Skate, Skate, Shuffle, Diagonal Skate, Skate, Shuffle

- 1 2 Skate right foot right diagonal, skate left foot left diagonal
- 3&4 Step right to right diagonal, bring left up to right, step right to right diagonal
- 5 6 Skate left foot to left diagonal, skate right foot right diagonal
- 7&8 Step left to left diagonal, bring right up to left, step left to left diagonal (straighten up to 12.00)

Section 4: Rock forward, back, coaster step, jazz box ¼ left

- 1 2 Rock forward on right, rock back on left
- 3&4 Step back on right, step back on left, step forward with right
- 5 6 7 8 Cross left over right, step back on right, ¼ turn left as step left to left, touch right beside left ready to begin again.

No Tags or Restarts – Yippee!!!!

Music can be obtained from Alan Gregory's website as follows: www.alangregory.me.uk.

Contact: Alison Carrington – acarrington@talktalk.net