

# Absolute - Lonely Drum - AB



**Count:** 32      **Wall:** 2      **Level:** Absolute Beginner

**Choreographer:** Agnethe Hansen – November 2017

**Music:** Lonely Drum By: Aaron Goodvin (iTunes)



**Intro: 40 counts**

**Stomp forward, bounce, bounce, bounce – Stomp forward, bounce, bounce, bounce**

1 – 4                      Stomp forward on right, bounce right heel up and down 3 times take weight on right

5 – 8                      Stomp forward on left, bounce left heel up and down 3 times take weight on left

**Restart on wall 3**

**Walk forward, touch – Walk forward, touch – Walk back, touch – Walk back, touch**

1 – 2                      Walk forward on right, touch left beside right

3 – 4                      Walk forward on left, touch right beside left

5 – 6                      Walk back on right, touch left beside right

7 – 8                      Walk back on left, touch right beside left

**Slow chasse to right, touch – Slow chasse to left, touch**

1 – 2                      Step right to right side, step left beside right take weight on left

3 – 4                      Step right to right side, touch left beside right

5 – 6                      Step left to left side, step right beside left take weight on right

7 – 8                      Step left to left side, touch right beside left

**Step forward, hold – ¼ turn left, hold – Step forward, hold – ¼ turn left, Hold**

1 – 2                      Step forward on right, Hold

3 – 4                      ¼ turn left on ball, hold with weight on both feet

5 – 6                      Step forward on right, hold

7 – 8                      ¼ turn left on ball, hold with weight on both feet

**This dance is for Absolute Beginner, you can add a Restart on wall 3, just dance the first 8 counts again.**