Got to Keep A Movin'

Count: 32 **Wall:** 4 **Level:** Easy Intermediate
Choreographer: Kristen Flood (AUS) - December 2017
Music: Break My Stride - Jessica Mauboy : (Album: The Secret Daughter Season Two Soundtrack - 3:01)

Start weight on L. Commence dance at 0:18 on lyrics - CW rotation

(1-8) side together, back shuffle, side together, fwd shuffle

1, 2, 3 & 4	Step R to R side, step L next to R, shuffle back R, L R
5, 6, 7 & 8	Step L to L side, Step R next to L, shuffle fwd L, R, L

(9-16) mambo fwd, mambo back, side together cross, side together cross

1 & 2, 3 & 4	Rock R fwd, replace L back, step R next to L, Rock L back, replace R fwd, step L next to R
5 & 6, 7 & 8	Step R to R side, step L next to R, cross R over L, Step L to L side, step R next to L, cross L over R

(17-24) rock, replace, behind side cross x2

1, 2, 3 & 4	Rock R to R side, replace L to L side, step R behind L, step L to L side, step R across L
5, 6 , 7 & 8	Rock L to L side, replace R to R side, step L behind R, step R to R side, step L across R

(25-32) ¼ Monterey, heel hooks x2

1, 2 & 3, 4 &	Point R toe to R side, hold, make ¼ R step R next to L (3:00), point L toe to L side, hold, step L next to R
5&6 & 7&8 &	Place R heel fwd at R 45o, hook R heel across L, place R heel fwd at R 45o, step R next to L, Place L heel fwd at L 45o, hook L heel across R, place L heel fwd at L 45o, step L next to R

RESTART DANCE

No Tags Or Restarts! Enjoy

Contact: applejax86@hotmail.com