## Gangsta's Paradise

Count: 32 Wall: 4 Level: Improver
Choreographer: Aurélie CHACHOUA (FR) \& Steffie ROBERT (FR) - December 2017
Music: Gangsta's Paradise - Coolio : (4:01)


Intro : 16 comptes - quand les paroles commencement

| [1-8] R STEP FW, L STEP, R. STEP, MAMBO G, STEP D, STEP G, MAMBO D, L STEP |  |
| :--- | :--- |
| $1-2 \&$ | Step R Forward, Step $L$ next to $R$, Step $R$ in place |
| $3 \& 4$ | Rock $L$ to $L$ Side (option : press $L$ for styling), Recover on R, Step L forward |
| $5 \&$ | Sted $R$ next to $L$, Step $L$ in place |
| $6 \& 7$ | Rock $R$ to $R$ side (option : press $R$ for styling), Recover on L, Step R forward |
| 8 | Step $L$ next to $R$ (slightly forward) |

[9-16] R SHUFFLE BW, L SHUFFLE BW, COASTER STEP, OUT, OUT
1\&2-3\&4 $\quad R$ triple Step Bacward ( $R, L, R$ ), L Triple Step backward ( $L, R, L$ )
5\&6
R Coaster Step
7 Step $L$ to $L$ Side "OUT" rolling $L$ knee outward and with a small hip bump
8 Step R to R Side "OUT" rolling L knee outward and with a small hip bump
[17-24] HIP BUMPS, R SAILOR STEP WITH A $1 / 4$ TURN R, L KICK BALL STEP
1-4 Hip Bump to the L x2, Hip Bump to the R, Hip bump to the L
(For counts 1 to 4, free styling to fit with the music)
5\&6 $\quad$ R Sailor Step with a $1 / 4$ turn R 3:00
7\&8 L Kick Ball Step (= Kick L forward, Step ball of $L$ next to R, Step R forward)
[25-32] STEP, ½ TURN R, STEP, R \& L CROSS MAMBO, SWAYED ROCK STEP
1\&2 Step L forward, $1 / 2$ turn R (weight on R), Step L forward (* change on last wall) 9:00
3\&4 R Cross Mambo (= Rock R to R side, Recover on L, Cross D devant PG) 3:00
5\&6 Cross Mambo G (= Rock Step G à G, Revenir PdC sur PD, Cross G devant PD)
7
Step $D$ en arrière en balançant le corps vers l'arrière
Revenir PdC sur PG en balançant le corps vers l'avant. (** change on 3rd wall)

TAG/REPEAT - at the end of 2nd wall, repeat the last 16 counts.
Attention : before the tag/repeat, the last count of the 3rd wall change.
** Transform count 8 with counts \&8: (\&) Recover weight on L dragging R toward L, (8) Step R to R side "out"
Then repeat counts 17 to 32 (Hip bumps)

* FIN - When the beat of the music stop, you have 16 counts left to do. Keep dancing until the end changing only count 26 (STEP L forward). Instead, you do a $1 / 2$ tour à $R$ stepping on $L$ backward. The dance will finish at 12:00


## REPEAT

Convention :
R = Right :: L = Left
Fwd = forward :: Bwd = Backward

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