Up and Away

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Sebastiaan Holtland (NL) - January 2018
Music: Up and Away - Melanie Dyer : (CD: Fresh2017)

Restart in wall 3 after 8 counts and one easy Tag of 4 counts in wall 7 after 20 counts.
Introduction: 16 counts, start on approx; 09 sec.

Part I. [1-8] Syncopated Boto Fogo R, L, Cross Sailor R with ¼ Turn L, Boto Fogo L.

1&2	Step R fwd (1), Step L to L (&), Recover back onto R (2).
3&4	Step L fwd (3), Step R to R (&), Recover back onto L (4).
5&6	Step R across L (5), Make ¼ turn R (3.00) step L to L (&), Step R to R (6).
7&8	Step L fwd (7), Step R to R (&), Recover back onto L (8).

Restart here in wall 3 after 8 counts, (facing 9 o`clock).

PART II. [9-16] Weave L, Behind with Sweep L, Behind, Side with ¼ Turn R, Step, Fwd Rock / Recover, Together with Heel Switches L, R.

1&2	Step R across L (1), Step L to L (&), Step R behind L and sweep L from front to back (2).
3&4	Step L behind R (3), Make ¼ turn R (6.00) step R to R (&), Step L fwd (4).
5,6	Rock R fwd (5), Recover back onto L (6).
&7&8	Step R beside L (&), Touch L heel fwd (7), Step L back in place (&), Touch R heel fwd (8).

PART III. [17-24] Shuffle R Fwd (Diag), Shuffle L Fwd with 3/8 Turn L, ½ Pivot Turn L, ¼ Pivot Turn L.

1&2	Make 1/8 turn R (7.30) step R fwd (1), Step L beside R (&), Step R fwd (2).
3&4	Make 3/8 turn L (3.00) step L fwd (3), Step R beside L (&), Step L fwd (4).

****Tag: here in Wall 7 after 20 counts, after start again (Facing 9 o`clock).**

5,6	Step R forward (5), Pivot Turn ½ turn L (9.00) over L and taking weight onto L (6).
7,8	Step R forward (7), Pivot Turn ¼ turn L (6.00) over L and taking weight onto L (8).

PART IV. [25-32] Heel Grind R with ¼ Turn R, Back Rock R / Recover, 2x ¼ Paddle Turn R with Hip Movements.

1,2	Step R heel forward and grind to R (1), Make ¼ turn R (9.00) and step back onto L (2).
3,4	Rock R back (3), Recover back onto L (4).
5,6	Make ¼ turn L (6.00) step R fwd and push hip to R (5), Recover back onto L (6).
7,8	Make ¼ turn L (3.00) step R fwd and push hip to R (7), Recover back onto L (8).

Easy TAG: Wall 7 after 20 counts
Fwd Rock / Recover, Hip Bump R.

1,4	Rock R fwd (1), Recover back onto L (2), Step R to R bump R hip to R (3), Hip back to centre (4).

REPEAT DANCE AND HAVE FUN!!

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