# Work Break

**Count:** 48 **Wall:** 4 **Level:** Improver
**Choreographer:** Urban Danielsson (SWE) - January 2018
**Music:** Baanbreker Boogie - Bokkie en sy Baanbrekers : (CD: Kitaar Bokjol - iTunes)

**Very short intro (2 sec.) then starts directly**

**Section 1: Heel strut, heel strut, rock-recover, step back, toe strut, toe strut, coaster step**

| | |
|---|---|
| 1&2& | Step on right heel forward, drop right toes to floor, step left heel forward, drop left toes to floor |
| 3&4 | Rock right foot forward, recover weight onto left foot, step right foot back |
| 5&6& | Step on left toes back, drop left heel down to floor, step on right toes back, drop right heel down to floor |
| 7&8 | Step left foot back, step right foot next to left, step left foot forward (12:00) |

**Section 2: Side, together, forward, side, together, forward, rock-recover, ½ turn right step forward, triple ½ turn right**

| | |
|---|---|
| 1&2 | Step right foot to right side, step left next to right, step right foot forward |
| 3&4 | Step left foot to left side, step right next to left, step left foot forward |
| 5&6 | Rock right foot forward, recover weight onto left, ½ turn right step right foot forward |
| 7&8 | ¼ turn right step left foot to left side, step right next to left, ¼ turn right step left foot back (12:00) |

**Section 3: Back, back, coaster cross, walk ¼, walk ¼, run-run-run ¾ + 1/8 (=7/8)**

| | |
|---|---|
| 1–2 | Step right foot back, step left foot back |
| 3&4 | Step right foot back, step left next to right, step right foot across in front of left |
| 5–6 | ¼ turn left walk left foot forward, ¼ turn left walk right foot forward |
| 7&8 | ¼ turn left step left foot forward, ¼ turn left step right foot forward, 3/8 turn left step left foot forward (7:30) |

**Note: Steps 5, 6, 7&8 will take you in a small circle a full turn + 3/8, you will now be facing the right diagonal from the back wall.**

**Section 4: Rock-recover, back-lock-step, rock-recover, forward-lock-step**

| | |
|---|---|
| 1–2 | Rock right foot forward, recover weight onto left foot |
| 3&4 | Step right foot back, lock-step left foot in front of right, step right foot back |
| 5–6 | Rock back on left foot, recover weight onto right |
| 7&8 | Step left foot forward, lock-step right foot across back of left foot, step left foot forward (7:30) |

**Section 5: Pivot ½ turn with click fingers, pivot 3/8 turn with click fingers, cross, back, side, cross, back, side**

| | |
|---|---|
| 1&2& | Step right foot forward, click right fingers, turn ½ turn left step on left foot forward, click left fingers |
| 3&4& | Step right foot forward, click right fingers, turn 3/8 turn left step on left foot forward, click left fingers (9:00) |
| 5&6 | Step right foot across in front of left, step back on left foot, step right foot to right side slightly backwards |
| 7&8 | Step left foot across in front of right, step back on right foot, step left foot to left side slightly backwards (9:00) |

**Section 6: Point, point, behind-side-cross, point, kick, coaster step**

| | |
|---|---|
| 1–2 | Point right toes across in front of left foot, point right toes to right side |
| 3&4 | Step right foot behind of left, step left foot to left side, step right foot across in front of right foot |
| 5–6 | Point left toes to left diagonal, kick left foot to left diagonal |
| 7&8 | Step back on left foot, step right foot next to right, step left foot forward |

RESTART and ENJOY!

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