You're The Only One

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Ayu Permana (INA) - January 2018
Music: Sometimes - Britney Spears

The dance starts after 16 counts music intro

SECTION 1. NC BASIC - SIDE - BEHIND - SIDE - FORWARD - (FORWARD & BACK) MAMBO (12.00)

1-2&3	Long step R to right side - Step L behind R - Cross R over L - Step L to left side
4&5	Step R behind L - Sep L to left side - Step R forward
6&7	Step/rock L forward - Recover on R - Step L backward
8&1	Step/rock R backward - Recover on L - Step R forward

SECTION 2. PIVOT 1/4 TURN - CROSS SHUFFLE - SWAY - SIDE SHUFFLE (03.00)

2-3	Step L forward - Turn 1/4 right on R
4&5	Cross L over R - Step R to right side - Cross L over R
6-7	Step/rock R to right side - Recover on L
8&1	Step R to right side - Step L close to R - Step R to right side

SECTION 3. (LEFT & RIGHT) CROSS, RECOVER, SIDE - WALK - MAMBO 1/2 TURN (09.00)

2&3	Cross/rock L over R - Recover on R - Step L to left side
4&5	Cross/rock R over L - Recover on L - Step R to right side
5-6	Step fotward L - R
8&1	Step/rock L forward - Recover on R - Turn 1/2 left stepping L forward

SECTION 4. FORWARD LOCKSTEP - (LEFT & RIGHT) SIDE MAMBO - TOGETHER (09.00)

2&3	Step R forward - Step L behind R - Step forward
4&5	Step/rock L to left side - Recover on R - Step L next to R
6&7	Step/rock R to right side - Recover on L - Step R next to L
8	Step L next to R

REPEAT

RESTART AND TAG

RESTART: On wall 7, after 16 counts ..
Do the dance until 16 counts only, then start wall 8 from the beginning (09.00)

TAG: 12 counts tag at the end of wall 8 (06.00)

1-2&	Long step R to right side - Step L behind R - Cross R over L
3-4&	Long step L to left side - Step R behind L - Cross L over R
5-6&	Step R to right side - Recover on L - Step R next to L
7-8&	Step L to left side - Recover on R - Step L next to R
9-10	Touch R toe out to right side - Drag and touch R toe next to L
11-12	Touch R toe out to right side - Hitch R

Contact: permanaayu@yahoo.com