Freedom

Count: 96 **Wall:** 4 **Level:** Phrased Intermediate

Choreographer: Trine Haukø Lund (NOR) - January 2018

Music: Freedom! '90 - George Michael : (Album: Listen Without Prejudice/MTV Unplugged - Deluxe - 2017)

Intro: 16 counts - Sequence of dance: A - A-A-B - A-A-B - A-A-B - A

Part A: 64 counts

Section A1: Mambo left, mambo right, mambo fwd, mambo backw

1&2	Rock LF to L, recover on RF, step LF next to RF
3&4	Rock RF to R, recover on LF, step RF next to LF
5&6	Rock LF forward, recover on RF, step LF next to RF
7&8	Rock RF backwards, recover on LF, step RF next to LF

Section A2: Shuffle 1/2 turn R, shuffle 1/2 turn R, step 1/4 turn R, cross, scissor step

1&2	Turn 1/4 R(3:00), step LF to L, step RF next to LF, turn 1/4 R(6:00), step LF backwards
3&4	Turn 1/4 R(9:00), step RF to R, step LF next to RF, turn 1/4 R(12:00), step RF forward
5&6	Step LF forward, turn 1/4 R(3:00), recover on RF, cross LF in front of RF
7&8	Step RF to R, step LF next to RF, cross RF in front of LF

Section A3: Skate L-R, shuffle, skate R-L, shuffle

1-2	Step LF diagonal forward to L, step RF diagonal forward to R (skate)
3&4	Step LF diagonal forward to L, step RF next to LF, step LF forward
5-6	Step RF diagonal forward to R, step LF diagonal forward to L (skate)
7&8	Step RF diagonal forward to R, step LF next to RF, step RF forward

Section A4: mambo L fwd, sailor 1/4 turn R, kick L fwd, rock R, kick R fwd, rock L

1&2	Rock LF forward, recover on RF, step LF slightly backwards
3&4	Turn 1/4 R(6:00), step RF backwards, step LF next to RF, step RF to R
5&6&	Kick LF forward, step LF next to RF, rock RF to R, recover on LF
7&8&	Kick RF forward, step RF next to LF, rock LF to L, recover on RF

Section A5: Make a full round and walk L-R, shuffle, R-L, shuffle

1-2	Walk LF forward. Walk RF forward
3&4	Step LF forward, step RF next to LF, step LF forward, end facing 12:00
5-6	Walk RF forward, walk LF forward
7&8	Step RF forward, step LF next to RF, step RF forward, end facing 6:00

Section A6: Rock L fwd, recover R, step L backw, coaster step R, make a square and step R-L-R-L

1&2	Rock LF forward, recover on RF, step LF backwards
3&4	Step RF backwards, step LF next to RF, step RF forward
5-6	Step LF to L, turn 1/4 R(9:00), step RF to R
7-8	Turn 1/4 R(12:00), step LF to L, turn 1/4 R(3:00), step RF to R

Section A7: Rock L backw, recover, rock R backw, recover, rock L, recover R, cross L, 1/2 turn L, cross R

1&2	Rock LF backwards, recover on RF, step LF next to RF
3&4	Rock RF backwards, recover on LF, step RF next to LF
5&6	Rock LF to L, recover on RF, cross LF in front of RF
7&8	Turn 1/4 L(12:00), step RF backwards, turn 1/4 L(9:00), step LF to L, cross RF in front of LF

Section A8: Kick ball cross X 2, walk full round L-R-L-R

1&2	Kick LF diagonal forward L, step LF next to RF, cross RF over LF

3&4	Kick LF diagonal forward L, step LF next to RF, cross RF over LF
5-8	Walk full round L, start with LF, end facing 9

Part B: 32 counts

Section B1: Stand on both feet, raise hands, 1/4 L, step R, raise hands

1-4	Stand on both feet, raise both hands, palms up, towards the sky
5-8	Turn 1/4 L(12:00), step RF to R, raise both hands, palms up, towards the sky

Section B2: 1/4 L, step R, raise hands, mambo L-R

1-4	Turn 1/4 L(9:00), step RF to R, raise both hands, palms up, towards the sky
5&6	Rock LF to L, recover on RF, step LF next to RF
7&8	Rock RF to R, recover on LF, step RF next to LF

Section B3: Stand on both feet, raise hands, 1/4 L, step R, raise hands

1-4	Stand on both feet, raise both hands, palms up, towards the sky
5-8	Turn 1/4 L(6:00), step RF to R, raise both hands, palms up towards the sky

Section B4: 1/4 L, step R, raise hands, mambo L-R

1-4	Turn 1/4 L(3:00), step RF to R, raise both hands, palms up, towards the sky
5&6	Rock LF to L, recover on RF, step LF next to RF
7&8	Rock RF to R, recover on LF, step RF next to LF

Part B starts every time he sings the word freedom. First time facing 3 o'clock

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