Taking Me Back

Count: 32

Level: Intermediate

Choreographer: Gary O'Reilly (IRE) - January 2018

Music: These Days (feat. Jess Glynne, Macklemore & Dan Caplen) - Rudimental

| #15 count intro starting on count 16 | |
|---|---|
| 8 & 1 2 3 4 & 5 6 7 | ck Ball Step, Pivot ½ L, ½ L, ¼ Rock & Cross, 1/8 L Sit R, Recover L Low kick L forward (8), step ball of L next to R (&) step forward on R (1) Pivot ½ L (weight on L) (2), ½ turn L stepping slightly back on R (3) [12:00] ¼ L rocking L to L side (4), recover on R (&), cross L over R (5) [9:00] 1/8 L stepping back on R sitting into R hip with straight L leg and L heel forward (6), recover weight onto L still facing diagonal (7) [7:30] uring wall 2 facing the back wall [6:00] |
| 8 & 1 | ross, L Side, R Together, L Cross, ¼ L, ½ L, R Side/Touch L, L Side/Touch R, Back R Cross R over L squaring up to [9:00] (8), step L to L side (&), step R next to L opening body slightly to R diagonal (1) [9:00] |
| 234 | Cross L over R (2), ¼ turn L stepping back on R (3), ½ turn L stepping forward on L (4) [12:00] |
| 5&6& 7 | Step R to R side (5), touch L next to R (&), step L to L side (6), touch R next to L (&) Step back on R keeping L heel forward with toes pointing up (7) |
| Section 3: Back L, 3/8 R Fwd R, Fwd L, Rock Fwd R, Recover L, Back R, ½ L, 1/8 L Stepping R, L Rock Back & L Side | |
| 8 & 1 | Step back on L (8), 3/8 R stepping forward on R (&), step forward on L (1) [4:30] |
| 23 4&5 | Rock/press forward on R (2), recover on L (3) Step back on R (4), ½ turn L stepping forward on L [10:30] (&), 1/8 turn L stepping R to R side (5) [9:00] |
| 6 & 7 | Rock L behind R (6), recover on R (&), step L to L side (7) |
| Section 4: R Sailor ¼ R, ½ L Push L, Push Back R, Walk Fwd L Ball Step ¼ L, Walk Fwd R, ½ R Hitching L into Figure 4 | |
| 8 & 1 | Step R behind L (8), ¼ turn R stepping L next to R (&), step forward on R (1) [12:00] |
| 23 | ¹ / ₂ turn L pushing forward onto L (2), push back onto R (3) [6:00] |
| 4 & 5 | Walk forward on L (4), ¼ turn L stepping ball of R slightly to R side (&), step forward on L (5) [3:00] |
| 6 7 Count 32 begir | Walk forward R (6), ½ turn over R on ball of R hitching L into figure 4 (7) [9:00] ns the dance again with the L kick forward on (8) |
| *Restart/Tag: after count 7 of section 1 during wall 2, add the following tag restarting the dance on count 1 *1/8 Shuffle RLR | |
| 8 & 1 | 1/8 R stepping forward on R straightening up to [6:00] (8), step L next to R (&), step forward on R (1) count 1 Restarts the dance |

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Wall: 4