Everything You Need

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Malene Jakobsen (DK) - March 2018
Music: Everything You Need - Michael Learns to Rock : (iTunes)

Intro: 16 counts from the beginning 12 sec. seconds into track, dance begins with weight on R

[1-8] L basic, R basic, 1/4 with sweep, cross, side, behind sweep, behind, side

1-2&	(1) Step L to L, (2) rock back on R, (&) recover onto L 12.00
3-4&	(3) Step R to R, (4) rock back on L, (&) recover onto R 12.00
5-6&	(5) Turn 1/4 L stepping fwd. on L sweeping R from back to front, (6) cross R over L, (&) step L to L 9.00
7-8&	(7) Cross R behind L sweeping L from front to back, (8) cross L behind R, (&) step R to R 9.00

[9-17] Cross rock, side, cross, chase 1/4, run run run, fwd. rock, back with sweep

1-2&	(1) Rock L across R, (2) recover onto R, (&) step L to L 9.00
3-4&	(3) Cross R over L, (4) rock L to L, (&) recover onto R making 1/4 R 12.00
5	(5) Step fwd. on L 12.00
6&7	(6&7) Run fwd. R, L, R 12.00
8&1	(8) Rock fwd. on L, (&) recover onto R, (1) step back on L sweeping R from front to back 12.00

[18-25] Behind side cross, side, together, fwd., side, together, back with sweep, behind side cross

2&3	(2) Cross R behind L, (&) step L to L, (3) cross R over L 12.00
4&5	(4) Step L to L, (&) step R next to L, (5) step fwd. on L 12.00
6&7	(6) Step R to R, (&) step L next to R, (7) step back on R sweeping L from front to back 12.00
8&1	(8) Cross L behind R, (&) step R to R, (1) cross L over R 12.00

[26-32] Side rock, cross, side rock, cross, 1/4, side, cross, side, together

2&3	(2) Rock R to R, (&) recover onto L, (3) cross R over L 12.00
4&5	(4) Rock L to L, (&) recover onto R, (5) cross L over R 12.00
6&7	(6) Turn 1/4 L stepping back on R, (&) step L to L, (7) cross R over L 9.00
8&	(8) Step L to L, (&) step R next to L 9.00

Ending: Optional: Last wall Is wall 9 – dance up to count 19 (count 3 in section 3) When you cross R over L just sweep L from back to front.

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