

# Body Shots

Count: 64 Wall: 2 Level: Intermediate

Choreographer: Shea McCafferty (USA) April 2018

Music: "Body Shots" - Kaci Battaglia. Approx. 4.04 mins



**Count In: Dance begins after 16cts.**

**Notes: There is an 8ct tag at the end of wall 2. There is one restart on wall 4. Dance 48 cts. Then Restart the dance.**

**[1 – 8] R Rock forward, L Recover, R Sailor Step with Heel, Ball Cross, Knee Pops, Chug turn x2**

1 2 Rock R forward slightly lifting L off ground (1) Recover L starting to Sweep R (2) 12  
3 & 4 Step R behind L (3) Step L to left side (&) Touch R heel to right side (4) 12  
&5&6 Step R in place (&) Cross L over R (5) Raise both heels popping both knees (&)  
Lower both heels (6) 12  
7 8 Step R to right side (7) Make 1/8 turn right stepping R to right side (8) 10

**[9 – 16] R Step Out, L Step Out, Body Roll, Body Roll Stepping R Back, Ball Step, ¼ turn And Point**

1 2 Make 1/8 turn right stepping R to right side squaring up to 9 o'clock (1) Step L to left  
side (2) 9  
3 4 5 6 Body Roll in place (3, 4) \*weight ends L, Touch R Back body roll (5) Body roll (6)  
\*transfer weight L 9  
&7 8 Step L next to R (&) Step R back making ¼ turn (7), point L to left side (8) 12

**[17 – 24] ¼ turn, ½ turn, L Coaster Step, R Step Touch, L Step Touch, R Press, Push Back with Small Kick**

1 2 Make ¼ turn left stepping forward L (1) Make ½ turn left stepping back R (2) 3  
3&4 Step L back (3) Step R next to L (&) Step L forward (4) 3  
5&6& Step R to right diagonal (5) Touch L next to R (&) Step L to left diagonal (6) Touch R  
next to L (&) 3  
7 8 Press R to forward R side slightly lifting L off ground (7) Press off R to take weight L  
kicking R out (8) 4:30

**[25 – 32] R Triple Step, L Step Half Pivot, L Step Forward, Dorothy Steps R-L**

1&2 Step R forward (1) Step L next to R (&) Step R forward (2) 4:30  
3&4 Step L forward (3) ½ Pivot turn right (&) Step L next to R (4) 10:30  
5 6 & Step R to right diagonal (5) Lock L behind R (6) Step R to right diagonal (&) 10:30  
7 8 & Step L to left diagonal (5) Lock R behind L (6) Step L to left diagonal (&) 10:30

**[33 – 40] R Step, L Point Behind, L Rock and Cross, Toe Struts**

1 2 Step R to right side (1) Point L behind R (2) 9  
3&4 Rock L to left side (3) Recover weight R (&) Cross L over R (4) 9  
5 6 7 8 Touch R to right side (5) Drop R heel taking weight R (6) Touch L over R (7) Drop L  
heel taking weight L (8) 9

**[41- 48] R Rock, L Recover, R Behind Side Cross, ¼ turn L Triple Step, R Step ½ Pivot**

1 2 Rock R to right side (1) Recover weight L (2) 9  
3&4 Step R behind left (3) Step L to left side (&) Cross R over left (4) 9  
5&6 Step L forward making ¼ turn (5) Step R next to L (&) Step L forward (6) 6  
7 8 Step R forward (7) Pivot ½ turn left (8) 12

**[49 – 56] R Step, Sweep L, L Step, Sweep R, R Jazz Box ¼ Turn**

1 2 3 4 Step R forward (1) Sweep L foot forward (2) Step L forward (3) Sweep R foot forward (4) 12  
5 6 7 8 Cross R over left (5) Step L back making  $\frac{1}{4}$  turn (6) Step R to right side (7) Step L forward (8) 3

**[57 – 64] R Point and L Point with  $\frac{1}{4}$  turn, L Samba Step, R Samba  $\frac{1}{8}$  turn, L Coaster Step**

1&2 Point R to right side (1) Make  $\frac{1}{4}$  turn right stepping R next to L (&) Point L to left side (2) 6  
3&4 Cross/step L over R (3) Step R slightly to right (&) Step L to the left (4) 4:30  
5&6 Cross/step R over L (3) Step L slightly to the left (&) Make  $\frac{1}{8}$  turn right stepping back R (4) 6  
7&8 Step L back (7) Make  $\frac{1}{8}$  turn right stepping R next to L (&) Step L forward (8) 6

**TAG: K Step**

1 2 3 4 Step R to forward diagonal (1) Touch L next to right (2) Step L back to L diagonal (3) Touch R next to left (4) 12  
5 6 7 8 Step R to back diagonal (5) Touch L next to right (6) Step L forward to L diagonal (7) Touch R next to left (8) 12

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