Strong, Sweet And Southern

Count: 48 **Wall:** 2 **Level:** Intermediate
Choreographer: Joanne Luelf (AUS) & Tracy Pearce (AUS) - January 2018
Music: Strong Sweet & Southern - Hayley Orrantia

Start on vocals

Section 1: Heel, Hook, Heel, Flick, Forward Shuffle

1&2&3&4	Touch R heel fwd into R diagonal, hook R in front of L, touch R heel fwd, flick R back ,shuffle fwd RLR
5&6&7&8	Touch L heel fwd into L diagonal, hook in front of R, touch L heel fwd, flick L back shuffle fwd LRL

Section 2: Rock Forward, Recover, ½ Turn Shuffle, ½ Turn Shuffle, Back Mambo Step

1-2, 3&4	Rock fwd R, Rock back L, ½ turn shuffle RLR
5&6, 7&8	½ turn shuffle LRL, rock back on R, recover on L, touch R next to L

Section 3: Turn, Turn, Turn, Hip, Hip, Hip , Turn, Turn, Turn, Hip, Hip, Hip

1-2, 3&4	¼ turn R stepping forward on R. ½ turn R stepping back on L, ¼ turn R, Hip, Hip, Hip
5-6, 7&8	¼ turn L, stepping forward on L. ½ turn L stepping back on R, ¼ turn L, Hip, Hip, Hip

Section 4: Cross Point, Cross Point, Jazz Box

1,2,3,4	Cross R over L point L to L side, Cross L over R point R to R side
5,6.7,8	Cross R over L, step back on L, step R to R side, step L beside R. *** (Tag)

Section 5: Step ½ Turn, Shuffle, Step ½ Turn Shuffle

1-2, 3&4	Step fwd on R, ½ turn L, Step fwd on R, L beside R, Step R fwd
5-6, 7&8	Step fwd on L, ½ turn R, Step fwd on L, R beside L, Step L fwd ** (Restart)

Section 6: Step ¼ turn, Step ¼ turn, Jazz Box

1,2,3,4	Step fwd on R, ¼ turn L, Step fwd on R, ¼ turn L (6.00)
5,6,7,8	Cross R over L, Step back on L, Step R to R side, Step L beside R

Tag: On Wall 4 (12.00) after 32 counts ***
Section T1: Rhumba Box

1,2,3,4	Step R to R side, Step L next to R, Step fwd on R, Drag L to R
5,6,7,8	Step L to L side, Step R next to L, Step back on L ,Drag R to L

Section T2: Rock, Recover, Cross, 1/4 Turn Tap Toe x4

1&2,3&4	Side rock on R step onto L, cross R over L, Side rock on L, step onto R, cross L over R
5&6&7&8	Tap R foot ¼ turn L, Tap R foot ¼ turn L, Tap R foot ¼ turn L, Tap R foot ¼ turn L

Repeat sections 1&2

Section T5: ¼ Turn, Side Shuffle x4

1&2,3&4	Turn ¼ L, Step side, together, side Turn ¼ L, Step side, together, side
5&6, 7&8	Turn ¼ L, Step side, together, side Turn ¼ L, Step side, together, side

Section T6: Heel and Heel. Shuffle R, Heel and Heel Shuffle L

1&2&3&4	Step R heel to R diagonal, Step R next to L, Step L heel to L diagonal, step L next to R, Step fwd on R step L beside R, Step R fwd
5&6&7&8	Step L heel to L diagonal, Step L next to R, Step L heel to L diagonal, step R next to L, Step fwd on L step R beside L, Step L fwd

Section T7: Step ½ Turn, Shuffle, Step ½ Turn Shuffle

1-2, 3&4	Step fwd on R, ½ turn L, Step fwd on R, L beside R, Step R fwd
5-6, 7&8	Step fwd on L, ½ turn R, Step fwd on L, R beside L, Step L fwd

Section T8: Step ¼ Turn, Step ¼ Turn, Jazz Box

1,2,3,4	Step fwd on R, ¼ turn L, Step fwd on R, ¼ turn L (6.00)
5,6,7,8	Cross R over L, Step back on L, Step R to R side, Step L beside R

Restart On Wall 2 (6.00) after 40 counts

ENJOY

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