My Tears

Count: 128 **Wall:** 4 **Level:** Phrased Intermediate
Choreographer: Tjwan Oei (NL) - April 2018
Music: My Tears – by Mandy Barnett

Sequence : A – A – B – B (32 count) – Tag – A – B – Ending B (Pos. 7 & Pos. 8)

A : 64 counts
A01: Step to right side – Drag & touch – Rock back – Recover – Step forward (L – R) – Shuffle forward

1-2&	RF. step to right side – LF. drag to RF. – LF. touch beside RF.
3-4	LF. rock back – Recover weight onto RF.
5-6	LF. step forward – RF. step forward
7&8	LF. step forward – RF. step together – LF. step forward

A02: Rock forward – Recover – Pivot ½ turn right – Step forward – Shuffle ½ turn right forward – Coaster step

1-2	RF. rock forward – Recover weight onto LF.
3-4	RF. step ½ turn right forward – LF. step forward
5&6	RF. step ¼ turn right forward – LF. step ¼ turn right forward – RF. step together beside LF.
7&8	LF. step back – RF. step together – LF. step forward

A03: Step fwd. – Touch – Step fwd. – Touch – Kick forward – Step behind – Step ¼ turn left forward – Step forward (R - L)

1-2	RF. step forward – LF. touch beside RF.
3-4	LF. step forward – RF. touch beside LF.
5&6	RF. kick forward – RF. step behind LF. – LF. step ¼ turn left forward
7-8	RF. step forward – LF. step forward

A04: Jazz box – Jazz box with ¼ turn right

1-2	RF. cross over LF. – LF. step back
3-4	RF. step to right side – LF. step together beside RF.
5-6	RF. cross over LF. – LF. step back
7-8	RF. step ¼ turn to right side – LF. step together beside RF.

A05: Step diag. right forward – Lock – Step fwd. – Scuff forward – Step diag. left forward – Lock – Step fwd. – Scuff forward

1-2	RF. step diagonally to right forward – LF. lock behind RF.
3-4	RF. step forward – LF. scuff forward
5-6	LF. step diagonally to left forward – RF. lock behind LF.
7-8	LF. step forward – RF. scuff forward

A06: Rocking chair – Pivot ½ turn left – Pivot ¼ turn left

1-2	RF. rock forward – Recover weight onto LF.
3-4	RF. rock back – Recover weight onto LF.
5-6	RF. step forward – RF./LF. step ½ turn left forward
7-8	RF. step forward – RF./LF. step ¼ turn left forward

A07: Side rock – Recover – Cross over – Hold (2 X)

1-2	RF. rock to right side – Recover weight onto LF.
3-4	RF. cross over LF. – Hold
5-6	LF. rock to left side – Recover weight onto RF.
7-8	LF. cross over RF. – Hold

A08: Cross over – Step back – Step to right side – Cross over – Rock back – Recover – Step forward (R – L)

1-2 RF. cross over LF. – LF. step back
3-4 RF. step to right side – LF. cross over RF.
5-6 RF. rock back – Recover weight onto LF.
7-8 RF. step forward – LF. step forward

B : 64 counts

B01: Side step – Together – Kick ball cross – Right chasse – Shuffle back with ¼ turn left
1-2 RF. step to right side – LF. step together
3&4 RF. kick forward – RF. set ball down beside LF. – LF. cross over RF.
5&6 RF. step to right side – LF. step together – RF. step to right side
7&8 LF. step ¼ turn left back – RF. step together – LF. step back

B02: Jazz box – Jazz box with ¼ turn right
1-2 RF. cross over LF. – LF. step back
3-4 RF. step to right side – LF. step together beside RF.
5-6 RF. cross over LF. – LF. step back
7-8 RF. step ¼ turn to right side – LF. step together beside RF.

B03: Side step – Together – Right chasse – Cross over – Recover – Left chasse with ¼ turn left forward
1-2 RF. step to right side – LF. step together beside RF.
3&4 RF. step to right side – LF. step together – RF. step to right side
5-6 LF. cross over RF. – Recover weight onto RF.
7&8 LF. step to left side – RF. step together – LF. step ¼ turn left forward

B04: Full turn left forward – Right chasse – Sailor cross with ¼ turn left – Step forward (R – L)
1-2 RF. step ½ turn left back – LF. step ½ turn left forward
3&4 RF. step to right side – LF. step together – RF. step to right side
5&6 LF. cross behind RF. – RF. step ¼ turn left forward – LF. cross over RF.
7-8 RF. step forward – LF. step forward

B05: Step diag. right forward – Lock – Step fwd. – Scuff forward – Step diag. left forward – Lock – Step fwd. – Scuff forward
1-2 RF. step diagonally right forward – LF. lock behind RF.
3-4 RF. step forward – LF. scuff forward
5-6 LF. step diagonally left forward – RF. lock behind LF.
7-8 LF. step forward – RF. scuff forward

B06: Rocking chair – Pivot ½ turn left – Pivot ¼ turn left
1-2 RF. rock forward – Recover weight onto LF.
3-4 RF. rock back – Recover weight onto LF.
5-6 RF. step forward – RF./LF. ½ turn left forward
7-8 RF. step forward – RF./LF. step ¼ turn left forward

B07: Side rock – Recover – Cross over – Hold (2 X)
1-2 RF. rock to right side – Recover weight onto LF.
3-4 RF. cross over LF. – Hold
5-6 LF. rock to left side – Recover weight onto RF.
7-8 LF. crossover RF. – Hold

B08: Cross over – Step back – Step to right side – Cross over – Rock back – Recover – Step forward (R – L)
1-2 RF. cross over LF. LF. step back
3-4 RF. step to right side – LF. cross over RF.
5-6 RF. rock back – Recover weight onto LF.
7-8 RF. step forward – LF. step forward

TAG :
Hips sway (R – L – R – L)

Ending :
Do the dance B (Position 07 & 08) till the end ,..and then : Step forward – Pivot ½ turn left – Step forward – Pivot ¼ turn left (12)

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