My Only Regret

Count: 32

Level: Intermediate

Choreographer: Gail A. Dawson (USA) - April 2018 Music: Hands On You - Ashley Monroe

Start on the word "You" ** both Restarts start on "You" also

WALK, WALK, ANCHOR STEP, HINGE, HINGE, BEHIND, SIDE, CROSS

- 1, 2 R step forward, L step forward
- 3&4 R step behind L, L step in place, R step beside L
- 5, 6 L step back turning 1/4 (9 o'clock), R step turning 1/2 (3 o'clock)
- 7 & 8 L step behind R, R step beside L, L cross over R

ROCK, RECOVER, TRIPLE BACK, POINT, HITCH, CROSS, BACK, BACK

- 1, 2 R rock forward, recover L (R low kick on recover)
- 3&4 R step back, L step beside R, R step back
- 5, 6 Point L to L with hip raise, hitch L
- 7 & 8 Cross L over R, R step back, L step beside R
- ** Tag on Wall 4

STEP, STEP, BRUSH, BRUSH, PRISSY WALK, CROSS, SIDE, TOGETHER

- R step, L step beside R 1, 2
- ** Tag on Wall 9
- R brush back, R forward 3, 4
- 5, 6 Step R forward slightly crossing over L, step L forward slightly crossing over R
- 7 & 8 Cross R over L, step L to L, step R beside L

CROSS, STEP, ROCK, RECOVER, STEP, CROSS, UNWIND

- &1.2 Cross L over R, step R to R, cross L behind R turning ¹/₄ to L (12 o'clock)
- 3, 4 Recover R, Step L beside R
- 5,6,7,8 Cross R over L, slow unwind ¹/₂ for 3 counts (3 o'clock)

TAG: Cross R over L, slow unwind 34 for 3 counts

Contact: Gail A. Dawson - free2bgad@gmail.com

Last Update - 31st May 2018





Wall: 2