

# Body Like a Back Road

**COPPER** **KNOB**  
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Hana Ries (USA) - February 2018

Music: Body Like a Back Road - Sam Hunt



**Intro: 18 counts (Start dancing on the word "South") CCW rotation  
(Read R=right foot, L=left foot)**

## **SWAY, TOUCH, SWAY, TOUCH, VINE RIGHT, TOUCH**

1,2 Step R to right side and sway hips right, Touch L toe in place  
3,4 Sway hips to left, Touch R toe in place  
5,6,7,8 Step R down in place, Cross L behind R, Step R to right, Touch L next to R

**Restart happens here on wall 5**

## **SWAY, TOUCH, SWAY, TOUCH, VINE LEFT, TOUCH**

1,2 Step L to left side and sway hips left, Touch R toe in place  
3,4 Sway hips to right, Touch L toe in place  
5,6,7,8 Step L down in place, Cross R behind L, Step L to left, Touch R next to L

## **DIAGONAL STEP, LOCK, LOCK SHUFFLE, DIAGONAL STEP, LOCK, LOCK SHUFFLE**

1 Step R diagonally forward (towards 1:30)  
2 Lock (cross) L behind R popping both knee slightly and lifting R heel up (=gentle dip)  
3&4 Step R diagonally forward, Lock (cross) L behind R, Step R diagonally forward

**Note: All counts 1-4 are moving diagonally forward towards 1:30**

5 Step L diagonally forward (towards 10:30)  
6 Lock (cross) R behind L popping both knee slightly and lifting L heel up (=gentle dip)  
7&8 Step L diagonally forward, Lock (cross) R behind L, Step L diagonally forward

**Note: All counts 5-8 are moving diagonally forward towards 10:30**

## **PADDLE TURN 1/8 LEFT TWICE, JAZZ BOX/CROSS**

1,2,3,4 Step R forward, Turn 1/8 left shifting weight onto L, Step R forward, Turn 1/8 left shifting weight onto L  
5,6,7,8 Cross R over L, Step L back, Step R next to L (feet apart), Cross L over R (facing 9:00)

## **REPEAT**

**RESTART: On wall 5 (facing 12:00) restart the dance after the first 8 counts. In other words, after completing all 4 walls around the room, you'll be back facing the front wall. Then dance the first 8 counts twice and continue.**

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