

# Stop Me

**Count:** 64

**Wall:** 4

**Level:** High Improver

**Choreographer:** Heather Barton (SCO) - May 2018

**Music:** Stop Me (If You've Heard It All Before) - Billy Ocean



**Intro: 40 counts...start on vocals**

**Step Right Fwd, ½ Turn, Shuffle Back Right, Back Rock, Kick Ball Step**

- 1,2 Step Right forward, ½ turn right stepping back on Left
- 3&4 Step right back, step left beside right, step right back
- 5,6 Rock back on Left, recover
- 7&8 Kick left forward, step onto ball of left, step forward right

**Cross L Point, Cross R Point, (moving slightly fwd), Weave, point R**

- 1,2,,3,4 Cross Left over Right, point Right to side, Cross Right over Left, point Left to side
- 5,6,7,8 Cross Left over Right, step Right to right, Cross Left behind Right, point Right to side

**Behind, ¼ Left, Right shuffle fwd, Left Rocking Chair**

- 1,2 Step Right behind Left, ¼ turn left stepping Left forward
- 3&4 Step right forward, place left beside right, step forward right
- 5,6,7,8 Rock forward on Left, recover on Right, Rock back on Left, recover on Right

**Step ¼, Step ¼, Cross Side, Behind Side Cross**

- 1,2,3,4 Step forward on Left, pivot ¼ turn right, Step forward on Left, pivot ¼ turn right
- 5,6 Cross Left over Right, step Right to Right
- 7&8 Cross Left behind Right, step Right to right side, cross Left over Right

**Step side, Touch, Step side, Touch, ¼ side, Touch, Step side, Touch**

- 1,2,3,4 Step Right to right, touch Left next to Right, Step Left to left, touch Right next to Left
- 5,6 ¼ turn left stepping Right to Right, touch Left next to Right
- 7,8 Step Left to left, touch Right next to Left

**Right, Hold, Ball Side, Touch, Side, Behind, Left Chasse**

- 1,2 Step Right to right side, hold
- &3,4 (&) step on Left next to Right, step Right to right, touch left
- 5,6 Step Left to left, cross Right behind left
- 7&8 Step left to left side, step right beside left, step left to left side

**(Alternative steps last 4 counts.. full turn left into side chasse)**

**Kick Ball Change, Kick Ball Change, Step Point, Step Point**

- 1&2 Kick Right, step on Right, step Left in place
- 3&4 Kick Right, step on Right, step Left in place
- 5,6,7,8 Step forward on Right, point Left to left, Step forward on Left, point Right to right

**Jazz Box ¼ Turn Right, Right Rocking Chair**

- 1,2 Cross Right over Left, step back on Left
- 3,4 ¼ turn right stepping Right to right, step Left next to Right
- 5,6,7,8 Rock forward on Right, recover onto Left, Rock back on Right, recover onto Left

**Tag: at the end of walls 3 & 5**

**Figure Of 8 Full Turn**

- 1-4 Step right to right side, left behind right, ¼ turn right stepping forward on right, Step left forward

5-8                     $\frac{3}{4}$  turn right stepping onto right, step left to left, right behind, left to left

Dance finishes front wall dance up to count 50 (kick ball change ) TA DA Happy dancing xx

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