Nothin' But Ashes



Count: 32 Wall: 4 Level: High Beginner

Choreographer: Lisa M. Johns-Grose (USA) & Donnie Allen (USA) - May 2018

Music: Burn Out - Midland : (www.amazon.com)



**On wall 7, Re-start after 16 cts.

HEEL GRIND 1/4 R- R COASTER-L ROCK FWD- REC BACK R- L COASTER

1-2 Touch right heel forward with toes facing in (left), swivel toes to out (right) while Making a 1/4

right

3&4 Step right back, step left next to right, step right forward

5-6 Rock forward on left, recover back on right

7&8 Step left back, step right next to left, step left forward

SIDE R, HOLD, BALL SIDE, POINT L, 1/4 STEP L, 1/2 STEPPING BACK, L COASTER

1-2 Side right to right side, Hold

&3-4 Step left next to right, step right to right side, point left to left

5-6 Turn ½ left stepping left forward, Turn ½ left stepping right back (6:00)

7&8 Step left back, step right next to left, step left forward

R ROCK FWD- REC BACK L - SHUFFLE BACK R- L ROCK BACK -R REC FWD- L SHUFFLE FWD

1-2	Rock forward right, recover back left	
1-2	ROCK IOIWAIO HUHI TECOVEL DACK IEH	

3&4 Shuffle back right, left, right

5-6 Rock back left, recover forward right

7&8 Shuffle forward left, right, left

STEP HEEL TWIST, R COASTER STEP, STEP HEEL TWIST, SWEEP L 1/4 COASTER TURN L

1&2	Step forward on Right, Twist both heels Right, Twist both back to center
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3&4 Step right back, Step left next to right, Step right forward

5&6 Step forward on Left, Twist both heels Right, Twist both back to center

7&8 Sweeping Left Behind Right ¼ Turn Left, step Right next to left, Step left forward

*** There is a Restart on Wall 7 after 16 Counts

You will be facing 6 o'clock. Dance 16 counts, you will then be facing the front wall and restart the dance.

Hope you enjoy! - Lisa & Donnie

^{****} Re-start here on wall 7