Get Up – Right Now

Count: 32 **Wall:** 2 **Level:** High Improver
Choreographer: Kerri Lessard (USA) - June 2018
Music: Do It Like This - Daphne Willis

Intro: 16 counts

[1-8] HIP ROLL- TAP, HIP ROLL- TAP, R SAILOR STEP, CROSSING TRIPLE

1	Step down on R foot and roll hips back counter-clockwise
2	Throw L hip out and tap L toe (towards left diagonal, 10:30)
3	Transfer weight from R to L foot and roll hips back clockwise
4	Throw R hip out and tap R toe (towards right diagonal, 1:30)
5&6	Step R behind L, Step L to L side, Step R to R side
7&8	Cross L over R, Step ball of R to R side, Cross L over R

[9-16] SLIDE RIGHT, BUMP & BUMP, KICK-BALL-CROSS, ROCK & CROSS

1-2	Take a big step right with R foot (angle body to 10:30 for next 4 counts)
&3&4	Keep weight on R foot & bump hips L-R-L-R while shrugging shoulders to match
5&6	Kick L foot forward, Step down on ball of L, Cross R over L
7&8	Rock L out to L side, Recover to R, Cross L over R (square up to 12:00 wall)

[17-24] ¼ TURN- TOUCH, L COASTER STEP, CROSS-BACK, CHASSE RIGHT

1-2	Step R forward ¼ turn R (3:00), Touch L toe next to R foot
3&4	Step L back, Step R next to L, Step L forward
5-6	Cross R over L, Step L back ¼ turn R (6:00)
7&8	Step R to R side, Step L next to R, Step R to R side

[25-32] CROSS- POINT- CROSS, BALL-STEP, CROSS- BACK, SLIDE- TOUCH

1-2-3	Step L fwd and cross over R, Point R toe to R side, Cross R over L
a4	Rock ball of L to L side, Recover to R
5-6	Cross L over R, Step R back
7-8	Take big step L with L foot, Slide R foot in to meet L

RESTART 1 (facing 12:00) On 3rd rotation first 16 counts will be instrumental.
Restart here after she sings "Here we go, come on"

RESTART 2 (facing 6:00) On 7th rotation dance first 14 counts.
After the kick-ball-cross you will hear the long guitar strum sound.
Take a big step to the left with left foot when you hear this and then restart dance.

Contact: kerrilessard@att.net